

# Athré Facial Plastics Redefines Facelift Surgery with a Holistic Approach to Results and Recovery

*Athré Facial Plastics Sets the Standard for Results and Recovery in Modern Aesthetics*

HOUSTON, TX, UNITED STATES, September 18, 2025 /EINPresswire.com/ -- Athré Facial Plastics is transforming the landscape of facial rejuvenation by focusing not only on achieving exceptional surgical outcomes but also on optimizing every step of the patient experience. Through advanced surgical techniques, preoperative and postoperative care, and the integration of groundbreaking technologies, Athré delivers results that are greater than the sum of their parts.

"At Athré Facial Plastics, our mission is simple: to provide the absolute best result for every patient," said Dr. Raghu Athré, founder of Athré Facial Plastics. "That means combining excellent surgical techniques with comprehensive pre- and postoperative care that minimizes downtime and enhances recovery."



Facelift techniques have dramatically evolved over the past 20 years. Athré's approach integrates SMAS and deep plane dissection, fat transfer, skin resurfacing, ancillary procedures, and regenerative therapies such as stem cells, all tailored to create natural, long-lasting outcomes.

Athré Facial Plastics goes beyond the operating room by preparing and supporting patients before and after surgery. Medical optimization, medication adjustments, and proven supplements like Arnica and Bromelain reduce bruising and swelling. Advanced technologies such as ElixirMD LED therapy and hyperbaric oxygen treatments accelerate healing and minimize complications.

For nearly all patients, Athré prioritizes local anesthesia over general anesthesia, leading to

faster healing with less bruising and swelling. These innovations, combined with enhanced recovery protocols, have reduced average facelift recovery time from three and a half weeks to just seven to eight days—despite increasing surgical complexity.

Dr. Athré is also pioneering the use of peptide therapy to optimize biochemical and metabolic pathways. By tailoring pre- and postoperative protocols, peptide therapy enhances the body's natural healing process, enabling patients to recover even more efficiently.

“Facelift surgery isn’t just about what happens in the operating room,” added Dr. Athré. “It’s about the entire journey—from preparation to recovery. By focusing on every element, we give patients the best possible experience and the best possible results.” With this comprehensive approach, Athré Facial Plastics continues to push the boundaries of facial rejuvenation, ensuring patients achieve beautiful, natural outcomes with minimal downtime.

#### About Athré Facial Plastics

Founded by double board-certified facial plastic surgeon Dr. Raghu Athré, Athré Facial Plastics offers advanced cosmetic procedures with an artistic, individualized approach. Known for natural-looking results and personalized care, the Houston-based practice welcomes patients from across the U.S. and beyond.

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