

Olympian Leslie Kwok's REVA Social Wellness Redefines Recovery at TRIFECTA Orchard

Singapore's First Semi-Outdoor Contrast Therapy Club Blends Hot & Cold Therapy with Community Vibes

SINGAPORE, SINGAPORE, SINGAPORE, September 23, 2025 /EINPresswire.com/ -- Recovery just got a bold, social twist. REVA Social Wellness, founded by Olympian Leslie Kwok (Sydney 2000), has launched as Singapore's first semi-outdoor contrast therapy club inside TRIFECTA on Orchard Road, the city's iconic surf, ski, and snow hub. With the largest mineralized hot and cold pools in Singapore and a Finnish sauna set to debut in October/November 2025, REVA is making wellness accessible, fun, and community-driven.

Located in the heart of Orchard Road, REVA offers a fresh take on recovery with its open-air, state-of-the-art pools featuring continuous overflow circulation and mineralized water for pristine clarity. The vibrant setting, paired with a social lounge, invites guests to connect while recharging. "REVA is about making recovery a lifestyle you love," said Kwok. "As an Olympian, I know how vital recovery is, but it

Soaking in recovery — Olympian Leslie Kwok at REVA Social Wellness, Orchard Road.

shouldn't feel like work—it should be a joy." Explore more at www.revasocialwellness.com or https://www.instagram.com/revasocialwellness/

Unlike elite-only recovery centers, REVA welcomes everyone with soft launch drop-in rates starting at \$28 nett (U.P. \$48). "We're bringing athlete-grade contrast therapy to the everyday person," said Co-Founder Russell Ong, a former Singapore National Swimmer. "Whether you're a fitness enthusiast or just want to unwind, REVA's got you."

"Orchard Road is the perfect stage for this new wave of social wellness," added Co-Founder Lucy Chng, Marketing & Brand Director. "We've created a space where people can recover, connect, and feel their best—together."

REVA's founding team—Kwok, Ong, Chng, Andrew Riady, Ben Tye, and Hiro Oichi—combines expertise in sports, wellness, tech, and sustainability to elevate Singapore's wellness scene. Their mission: make recovery inclusive, sustainable, and exciting.

Why REVA Stands Out:

Singapore's First: Semi-outdoor contrast therapy club with the largest hot and cold pools.

Prime Location: Inside TRIFECTA, Orchard Road's trendsetting lifestyle hub.

Community Vibe: Affordable pricing and a social lounge make wellness inclusive.

Coming Soon: Singapore's largest Finnish sauna, launching November 2025.

Media are invited to experience REVA's groundbreaking wellness concept. Contact us to arrange a visit or interview with Olympian Leslie Kwok and the founding team.

About REVA Social Wellness

REVA Social Wellness, located at TRIFECTA on Orchard Road, is Singapore's first semi-outdoor contrast therapy club. Offering the largest mineralized hot and cold pools, a forthcoming Finnish sauna, and a social lounge and cafe, REVA blends science-backed recovery with community connection. Visit our www.revasocialwellness.com or follow our instagram @revasocialwellness.

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