

# Sunnyhill Launches New Day Program for Adults Diagnosed with Developmental Disabilities

*Sunnyhill launches a Day Program for adults diagnosed with developmental disabilities, ribbon-cutting at Family Fun Day in Dittmer, Oct 25!*

FENTON, MO, UNITED STATES, September 18, 2025 / EINPresswire.com/ -- [Sunnyhill](#), Inc., a nonprofit serving Greater St. Louis, Jefferson County, and St. Charles County, is proud to announce the launch of its new Day Program, a person-centered service designed to help adults diagnosed with developmental disabilities live more independent, socially connected, and fulfilling lives. The program officially opens on October 1, 2025, with a ceremonial ribbon-cutting event during Sunnyhill's Family Fun Day on October 25, 2025.



Hosted at the Health and Wellness Center at [Sunnyhill Adventures](#), Sunnyhill's 65-acre accessible campus in Dittmer, Missouri, the Day Program expands Sunnyhill's spectrum of services, which already include Community Supported Programming, Advocacy & Family Navigation, Applied Behavior Analysis (ABA), Independent Supported Living Assistance, Residential Support Services, and Adventures Camp & Travel.

## About the Day Program

The Day Program provides skill-building, recreational, and community-based opportunities that promote growth, independence, and social inclusion for adults. With individualized staff-to-participant ratios ranging from 1:1 to 1:6, each person receives support tailored to their strengths, needs, and personal goals.

"We are proud to expand our services with the Day Program, which opens even more doors for





Sunnyhill's Day Program helps adults grow, connect, and fully participate in their communities."

*Amy Wheeler*

adults diagnosed with developmental disabilities to be included and supported in meaningful ways," said Amy Wheeler, CEO of Sunnyhill, Inc. "Sunnyhill has always been about empowerment, and this program reflects our mission to enrich lives and build stronger communities."

The program is directed by Jayne Grisham, who brings over a decade of experience working with adults diagnosed with

developmental disabilities. Grisham has transformed Sunnyhill's recreational offerings by fostering a culture of trust, positivity, and engagement.

"Creating joy and connection is at the heart of everything I do," said Grisham. "I believe all adults deserve the chance to engage in meaningful and fun activities, regardless of ability. Whether it's through a game, an outing, or a creative project, I'm inspired by the happiness and confidence these opportunities bring."

#### Program Highlights

Skill-building in daily living, social, and self-care skills

Community outings, clubs, and public events to promote inclusion

Recreational and educational workshops designed around participant interests

Flexible options for retirement-aged participants

Individualized support, with staff ratios from 1:1 to 1:6

The Day Program operates Monday through Friday with both full-time and part-time enrollment options.

#### Location:

Health and Wellness Center at Sunnyhill Adventures

6543 Sunlit Way

Dittmer, MO

For more information, visit [www.sunnyhilladventures.org](http://www.sunnyhilladventures.org) or contact DAYPROGRAM@SUNNYHILLINC.ORG

#### About Sunnyhill, Inc.

Sunnyhill, Inc. is a nonprofit 501(c)(3) organization that empowers more than 1,000 children and adults diagnosed with developmental disabilities each year throughout Greater St. Louis, St. Charles, and Jefferson counties. Through person-centered residential, educational, recreational, and behavioral supports, Sunnyhill provides over one million hours of direct services annually.

Sunnyhill's mission is to enable people to live independent, fulfilling lives in inclusive communities. By partnering with families, service agencies, and community organizations,



Sunnyhill safeguards dignity, stability, and opportunity, even in the face of funding shortfalls, restrictive Medicaid policies, and increasing demand for services.

Guided by its vision—"The Sunlit Way"—Sunnyhill is committed to:

Empowerment: Supporting autonomy, personal choice, and self-direction

Inclusion: Fostering belonging in social, educational, and recreational settings

Collaboration: Partnering with families, support networks, and agencies

Community Investment: Reinvesting 97% of funding into direct local programming

Sunnyhill lights the path to empowered living—making independence, joy, and community participation attainable for all adults.

Media Contact:

Laura St. George

Director of Development & Marketing

Sunnyhill, Inc.

314-345-5620

[social@sunnyhillinc.org](mailto:social@sunnyhillinc.org)

Laura St George

Sunnyhill Inc.

314-845-3900

[email us here](#)

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