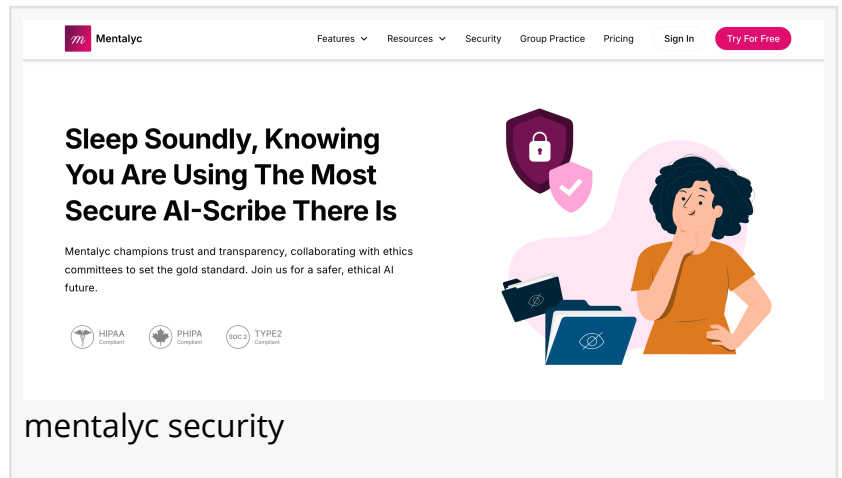


# Mentalyc Sets New Standard in Mental Health Data Security with HIPAA & SOC 2 Type II Compliance

*Mentalyc sets a new gold standard in mental health data security with HIPAA & SOC 2 Type II compliance and radical transparency*

SAN FRANCISCO, CA, UNITED STATES,  
September 19, 2025 /

EINPresswire.com/ -- Mentalyc, the pioneering AI-scribe for mental health professionals, today announced strengthened commitments to security, privacy, and transparency by meeting HIPAA and SOC 2 Type II standards, while also aligning with international data protection frameworks. With these benchmarks, Mentalyc positions itself not just as a digital tool but as a trusted partner for clinicians seeking peace of mind in the digital age.



“

At Mentalyc, security and trust are non-negotiable. We're setting the gold standard for ethical AI in mental health so clinicians can focus fully on their clients.”

*Maria Szandrach*

Raising the Bar Beyond Compliance

“HIPAA compliance is just the beginning.” That guiding principle drives every decision at Mentalyc. While many digital health solutions stop at basic legal requirements, Mentalyc has deliberately gone further, building infrastructure that meets and exceeds regulatory standards worldwide.

HIPAA & SOC 2 Type II compliant in the U.S.  
Designed to meet Australian Privacy Principles (APP) and

Canada's PIPEDA, PHIPA, PHIA, PIPA

Fully compliant with New Zealand's Privacy Act

This global framework ensures that clinicians can use Mentalyc confidently, regardless of location, knowing their clients' most sensitive data is handled with the highest level of care.

Radical Transparency in Action

Mentalyc believes the foundation of trust is visibility. Radical transparency is not a marketing buzzword—it is a commitment. Clinicians are informed about every stage of data handling, from recording to deletion. Clear user control: Clinicians can delete data at any time

Downloadable BAA and client consent templates: Mentalyc integrates compliance into the workflow itself, streamlining administrative burdens while maintaining ethical safeguards

Straightforward policies: Users are never left wondering how their data is treated

As clinical leader Kevin Ramotar, a recognized expert in digital health, quality, and compliance, remarked:


“Radical data transparency is what healthcare needs at this point to build trust and reduce misinformation. With the development of new technologies, such as AI, it is even more important to keep everyone informed. I appreciate that Mentalyc is trying to elevate industry standards with high visibility for all.”

Encrypted and Anonymized, by Default


Security begins with encryption, and Mentalyc ensures that all communications are encrypted. Beyond secure transfer, Mentalyc anonymizes data so that transcripts never contain personal identifiers unless users choose otherwise.

### Ethical Notes


Our AI is trained to write adhere to highest quality standards.




**Accurate And Factual**  
Improve your note-writing skills.



**Positive Language**  
Notes need to be respectful. The client has a right to request access to the notes!



**Right Level Of Details**  
It is important to write only the information relevant to the therapeutic process.




**Informed Consent**  
We offer a consent template which you can [download here](#).

[Try For Free](#)


### ethical notes by mentalyc

#### Mentalyc's Approach To Privacy


HIPAA compliance is just the beginning of our data protection efforts.



**Data Protection You Can Trust**  
Recordings are not stored, ensuring your privacy is always maintained.



**Personal Information Is Safeguarded**  
We remove all personal information after sessions for your peace of mind.




**Encrypted Connections For Added Security**  
All communications are encrypted to protect your sensitive information.

### mentalyc security and privacy


#### Radical Transparency

There are no secrets to how we handle data.



**The M Process**

### Mentalyc transparency for security



★★★★★

*"Radical data transparency is what healthcare needs at this point to build trust and reduce misinformation. With the development of new technologies, such as AI, it is even more important to keep everyone informed. I appreciate that Mentalyc is trying to elevate industry standards with high visibility for all."*

**Kevin Ramotar**  
Clinical leader in Digital Health, Quality, Compliance, and Patient Safety

### Mentalyc reviews by users

Full anonymization: Default mode removes identifying details to safeguard privacy

Partial anonymization: Optional mode retains limited context, such as first names, to help with case conceptualization without compromising compliance

Minimal data philosophy: Mentalyc stores only what is essential to deliver value

Importantly, recordings are not permanently stored. Audio is held securely for up to three days to allow for troubleshooting, then deleted automatically. This strict retention window drastically reduces risk exposure.

### Empowering Clinicians with Control

Mentalyc understands that clinicians need control as much as protection. The platform gives users freedom to:

- Delete any data, recordings, or notes at will

- Customize consent forms for clients, ensuring informed participation

- Use dictation instead of recording if clients prefer not to be recorded

This level of flexibility ensures that therapists never have to choose between compliance, clinical integrity, and client trust.

### Why Security Matters in Mental Health?

Therapy sessions are among the most sensitive professional interactions imaginable. Notes, transcripts, and recordings often contain deeply personal details. A single breach or misstep could irreparably damage trust between therapist and client.

By addressing these risks head-on, as an [AI-powered scribe Mentalyc](#) helps therapists focus on what truly matters—the therapeutic relationship.

Undivided attention: Clinicians can engage fully with clients, knowing Mentalyc safeguards their data

Better outcomes: Secure transcripts capture insights and quotes that support deeper case conceptualization

Insurance confidence: Notes are prepared in compliance with payer requirements, reducing the chance of treatment denial

When clients know their therapists use a secure, compliant tool, it reinforces confidence in both the therapy process and the professional providing care.

### No Data for AI Training

A critical differentiator: Mentalyc does not use your data to train AI models.

Unlike generic platforms that may harvest user data, Mentalyc is built for clinical settings and guided by healthcare ethics. Data is never sold, shared, or repurposed beyond the core function

of helping clinicians write accurate notes.

This stance reinforces the company's mission: to protect client confidentiality, uphold therapist autonomy, and build a platform clinicians can trust for years to come.

For multinational practices and digital health innovators, this means a single platform can meet varied legal obligations worldwide. This design empowers clinicians to handle consent seamlessly, strengthening transparency and trust.

## A Track Record of Trust

Founded in 2021, Mentalyc has quickly become a leader in AI-powered note-taking for therapists.

The company is:

Profitable and independent

Trusted by over 30,000 therapists worldwide

Shaped in collaboration with practicing clinicians

## Why Choose Mentalyc?

Peace of mind knowing data is encrypted, anonymized, and compliant

Administrative burdens reduced with built-in BAA and consent tools

Accurate, payer-compliant notes without sacrificing client connection

## About Mentalyc

Mentalyc is the world's first AI-scribe purpose-built for mental health professionals. Since 2021, the platform has helped thousands of therapists streamline their documentation while ensuring the highest standards of privacy, security, and compliance. With radical transparency, global regulatory alignment, and continuous collaboration with clinicians, Mentalyc is setting the new gold standard for ethical AI in mental health.

For more information, visit: [www.mentalyc.com/security](https://www.mentalyc.com/security)

Mental health professionals deserve a tool they can trust as much as their clients trust them. With HIPAA and SOC 2 Type II compliance, radical transparency, encrypted communications, and built-in consent, Mentalyc is the secure choice for therapy practices everywhere. Also, Security Across Systems

Protecting client data doesn't stop within Mentalyc—it extends to how information flows across platforms. With secure [EHR Integration](#).

Try Mentalyc free today and experience documentation without compromise.

Malik Kabir

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