



House of Senti and Design and Health - UK Experts in Home Saunas

Design & Health and House of Senti

bring expert-led wellness home with saunas, cold plunges & full design-to-install support.

UNITED KINGDOM, September 23, 2025 /EINPresswire.com/ -- Design & Health, the UK's emerging destination for premium wellness and recovery products, has officially launched its online platform in partnership with [House of Senti](#) a family-run brand dedicated to bringing expert-led wellness tools into everyday spaces.

Founded by a husband-and-wife team with a deep passion for high-performance wellness and home comfort, House of Senti combines years of online retail experience with exceptional customer care. Their goal? To help customers design not just a space, but a feeling, a habit, and a new routine—every step of the way.

What Customers Can Expect:

Free design consultation with 3D CAD imagery

Professional installation by trusted experts

Direct contact with the owners for personalised service

Honest guidance and tailored advice

Complimentary UK-wide delivery

Product warranty guarantees for peace of mind

Exceptional customer care from concept to completion

"At House of Senti and Design & Health, we aren't just retailers," said the founders. "We provide end-to-end support and execution. Our job doesn't end until you're fully confident with your new wellness product."

Among the highlights of the Design & Health platform is a curated range of high-end wellness

products—from advanced cold-plunge tubs to professional-grade [saunas](#)—all chosen for their quality, aesthetic appeal, and science-backed benefits.

Customers also benefit from Stuart Goldfinch's Guidance Hub, where Stuart, a resident physiotherapist and wellness advisor, shares expert insights. Stuart brings 14 years of clinical experience, a BSc in Physiotherapy (First Class Honours), and a background that includes service as an Ex-22 SAS Trainer in injury management, NHS Specialist Physiotherapist, and Certified Nutrition Coach.

Explore the full collection and begin designing your personal wellness retreat at:
<https://designandhealth.com/>

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