

Dental Camp Visit at Modi Vanik Samaj: Celebrating Service and Spreading Oral Health Awareness

Free dental check-ups, awareness sessions, and community support marked the healthcare camp at Modi Vanik Samaj, honoring PM Modi's 75th birthday.

SURAT, GUJARAT, INDIA, September 28, 2025 /EINPresswire.com/ -- On 14th September 2025, a remarkable healthcare initiative was witnessed at the Modi Vanik Samaj, where a multispeciality health camp was organized to celebrate the 75th birthday of Prime Minister Narendra Modi. The camp was designed not merely as a medical event but as a tribute to the Prime Minister's philosophy of "Seva Parmo Dharma" (Service is the highest duty). This outreach program sought to extend free medical and dental consultations, conduct awareness sessions, and provide community support to the underprivileged.

While multiple specialties collaborated to make the event a success, dentistry stood out as one of the most significant services rendered. The

dental team observed and addressed the oral health needs of the people who attended. It quickly became apparent that dental care was one of the most neglected aspects of health within this community. The event was not only a celebration of a leader's birthday but also a vital reminder of how healthcare outreach, especially in dentistry, can bring about lasting change in



Health camp at Modi Vanik Samaj celebrating Prime Minister Narendra Modi's 75th birthday, featuring free dental check-ups and community healthcare services.



Dental health check-ups conducted during the Modi Vanik Samaj camp, where doctors examined patients and raised oral hygiene awareness as part of Prime Minister Narendra Modi's 75th birthday celebration.

people's lives.

Purpose of the Dental Camp

The central purpose of the camp was clear: to make healthcare accessible, meaningful, and preventive rather than reactive. In relation to dentistry, this vision was translated into key activities such as:

- Providing [free dental check-ups](#) for all attendees.
- Identifying patients with urgent or critical dental needs.
- Highlighting the importance of good oral hygiene and preventive dental measures.
- Educating the community about correct brushing techniques, dietary habits, and the dangers of tobacco use.

What emerged from this initiative was a reality that many health professionals have long suspected - most attendees had not sought dental care in years. For many participants, dental treatment was not considered a priority except in situations of unbearable pain or tooth loss. The absence of preventive practices and early intervention explained the severity of the conditions encountered.

Common Findings in Patients

The dental consultations revealed a wide range of oral health problems, many of which were chronic and advanced.

1. Severe Calculus Deposits

The most common issue identified was heavy calculus deposits, accumulated after years without professional cleaning. Patients presented with inflamed gums, bad breath, bleeding, and in many cases, periodontal pockets leading to tooth mobility. The lack of awareness regarding [regular scaling every six months](#) reflected a significant preventive gap.

2. Generalised Attrition from Tobacco Habits

A large number of participants were long-term tobacco chewers. Their teeth displayed severe attrition, bite collapse, and inefficient chewing function. Tobacco use also altered facial profiles, further impacting their health and self-confidence.

3. Abfraction Caused by Faulty Brushing

Another frequent problem observed was abfraction lesions, which appeared as wedge-shaped notches near the gumline. These were mostly the result of aggressive brushing with hard-bristled toothbrushes and incorrect horizontal scrubbing, highlighting a lack of education about proper techniques.

4. Missing and Multiple Missing Teeth

Partial or multiple tooth losses were common, and patients had adapted by altering their diet and chewing mechanics. However, this adaptation came with consequences - nutritional compromise, further wear of remaining teeth, and decreased facial height.

5. Need for [Full Mouth Rehabilitation \(FMR\)](#)

Many patients presented with advanced dental complications involving missing teeth, severe attrition, and bite collapse. Such cases can be effectively addressed only through comprehensive Full Mouth Rehabilitation (FMR), which restores function, aesthetics, and overall comfort. Unfortunately, most individuals were unaware that such treatment options even existed.

The Most Striking Observation: Lack of Oral Hygiene Awareness

Across all patients, one thread was common - the widespread ignorance regarding oral hygiene. Many admitted that they brushed only once a day, some irregularly, and very few had been taught the correct method. Hard-bristle brushes and incorrect scrubbing techniques worsened gum and tooth problems.

The prevalence of tobacco chewing further complicated matters, placing many individuals at serious risk of oral cancer and precancerous lesions. For the attending specialists, this was a wake-up call. Clinical treatments could address immediate issues, but without addressing habits and raising awareness, these dental conditions would continually recur. Hence, the camp underlined the need for extensive oral health education within the community.

Why Full Mouth Rehabilitation Matters

Cases observed during the camp demonstrated why FMR is not a luxury but a necessity for many. Its importance lies in:

- Functional Restoration: It allows patients to regain efficient chewing, easing digestion.
 - Aesthetic Enhancement: Worn or collapsed bites can be rebuilt, restoring confidence.
 - Prevention of Further Damage: Balancing bite forces prevents excessive stress on remaining teeth.
 - Quality of Life Improvement: Eating, speaking, and socializing become significantly easier.
- For this community, FMR was not merely about improving smiles - it was about restoring the dignity of daily living.

Preventive Dentistry: The Core Message

Perhaps the strongest takeaway from the dental sessions was the emphasis on prevention. The dental professionals systematically explained and demonstrated:

- Brushing twice a day with a soft bristle toothbrush.
- Correct brushing techniques using gentle circular motions.
- The importance of six-monthly dental check-ups.
- The dangers of tobacco chewing and long-term consequences of continued use.
- Seeking early intervention for minor issues to avoid major treatment.

Reflections from the Camp

The camp offered profound insights:

- Widespread Oral Neglect: People often undervalue oral health until pain or tooth loss sets in.
- Awareness Gap: Most dental issues could have been prevented through simple practices.
- Tobacco as a Major Culprit: The habit not only worsened oral health but also endangered general health.
- Dentistry Beyond Aesthetics: For this population, dentistry was not about cosmetic enhancement but restoring functionality, health, and dignity.

Conclusion

The dental camp at Modi Vanik Samaj was more than a health event. It was a celebration of service, awareness, and community empowerment. Patients presented with diverse problems - from calculus deposits and abfraction to severe attrition and missing teeth - but all were linked by a common cause: lack of awareness.

In the end, the lesson was unmistakable: healthy smiles begin with awareness, and awareness begins with outreach.

Dr Ushma K Kakkad
Summirow Dental PVT. LTD
+91 93777 77303

[email us here](#)

Visit us on social media:

[LinkedIn](#)

[Instagram](#)

[Facebook](#)

[YouTube](#)

[X](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/852067294>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.