

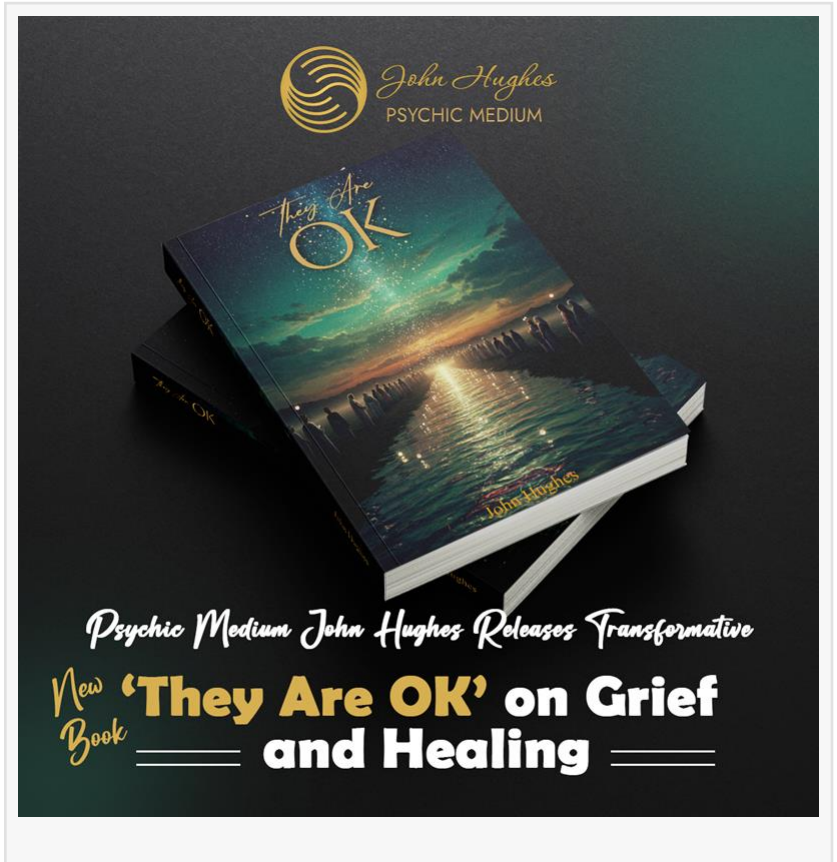
# Psychic Medium John Hughes Releases Transformative New Book 'They Are OK' on Grief and Healing

*A Psychic Medium's Guide to Healing Grief with Messages of Hope*

SUTTON COLDFIELD, WARWICKSHIRE, UNITED KINGDOM, September 24, 2025 /EINPresswire.com/ --

Internationally recognised psychic medium John Hughes has officially released his highly anticipated book, [They Are OK](#), a compassionate and powerful guide for those navigating grief. The book is now available to readers worldwide, offering hope, comfort, and spiritual reassurance to anyone mourning the loss of a loved one.

To stay connected and follow Clancey's journey, readers can explore more of author's work and creative inspiration through the official website, [John Hughes Psychic](#)



Drawing on decades of experience connecting with the spiritual realm, Hughes delivers heartfelt messages that affirm love continues after death. Through moving real-life stories, practical advice, and gentle guidance, *They Are OK* shows readers that the bonds we share with those who have passed remain unbroken.

"Grief is a deeply personal journey," Hughes explains, "but no one has to walk it alone. This book is my way of offering comfort and sharing the truth that our loved ones are at peace."

The book addresses every stage of mourning—from the initial shock of loss to finding light in the continued presence of those who have passed on. Hughes explores themes such as coping with anniversaries and holidays, the unique grief of losing a child, and the many ways the departed

send signs to reassure the living.

They Are OK has already begun touching the lives of early readers, resonating with its message of hope and healing. It is a reminder that even in our darkest moments, love remains eternal.

#### About the Author

John Hughes is an award-winning psychic medium with years of experience helping individuals find peace through spiritual communication. Known for his empathetic approach and dedication to healing, Hughes has guided countless people in reconnecting with their loved ones beyond the physical world.

#### Availability

They Are OK is now available in print and digital formats through major retailers. For more information and updates, please visit the author's website.

#### Media Contact:

John Hughes Psychic,

Email: [jh@johnhughespsychic.com](mailto:jh@johnhughespsychic.com)

0121 769 1693

<https://www.johnhughespsychic.com/>

John Hughes Psychic

Writer Cosmos

+441217691693 ext.

[email us here](#)

Visit us on social media:

[Instagram](#)

[YouTube](#)

[TikTok](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/852141777>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.