

INKED & UNBOUND: THREE SOBER WITCHES BRING STORYTELLING, RITUAL, AND RECOVERY TO BOOK SUEY

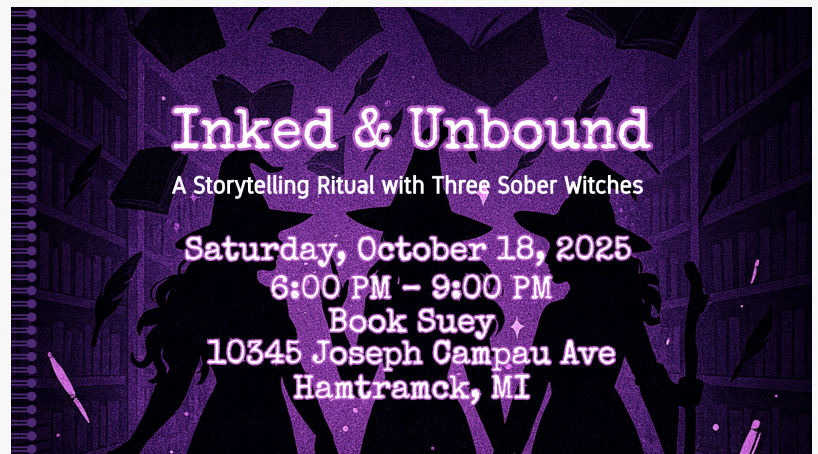
A literary ritual where witches in recovery share their stories, reclaim their magick, and build community through the art of storytelling.

DETROIT, MI, UNITED STATES,

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EINPresswire.com/ -- On Saturday, October 18, the cooperative bookstore Book Suey will open its doors to something rare and transformative: Inked & Unbound: A Storytelling Ritual with Three Sober Witches. From 6:00 to

9:00 PM, three women who are both authors and [witches in recovery](#) will gather with the community for an evening that blends literature, ritual, and magick with the sacred practice of recovery.



Inked & Unbound

“

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Sunshine, Creatrix of Sober Witch Life Movement

THE BIRTH OF A MOVEMENT

Inked & Unbound is more than a reading. It is part of the larger [Sober Witch Life](#) movement, a spiritual and recovery-based community founded by Sunshine, author of *The Sober Witch Life: A Magickal Guide to Recovery*. This movement arose from a need to bridge two worlds that are rarely spoken of together. For many witches, recovery programs often feel limited or disconnected from their spiritual identity. For many in recovery, witchcraft has been dismissed, misunderstood, or even demonized.

The Sober Witch Life movement was born from the realization that recovery itself is a ritual, a daily act of reclaiming power, spirit, and sovereignty. Witches in recovery are creating their own pathways where magick is not a threat to healing, but the very means of it. The movement has

grown into circles, teachings, and shared practices where recovery is framed not as deprivation but as rebirth.

“Recovery is more than abstinence. It is a spiritual rebirth, a way of reclaiming our magick and returning home to our authentic selves,” says Sunshine, who also coordinates the event. “When we gather to tell our stories, we are not just entertaining. We are creating ritual, building community, and casting a spell of healing.”

WHY THIS GATHERING MATTERS

October is known as spooky season, a time when witches step more freely into visibility. Costumes, pumpkins, and rituals fill the culture with symbols of magick. Yet behind the symbols are people whose lives embody resilience, creativity, and healing. This event offers a chance to see witches as they truly are, not as caricatures but as community members, artists, and people in recovery.

By centering storytelling, Inked & Unbound honors the ancient truth that stories themselves are spells. A story can wound, but it can also heal. When witches in recovery share their voices, they make visible the alchemy of transformation. Addiction becomes the curse to break. Recovery becomes the spell that restores power. The act of speaking aloud becomes ritual, and listening becomes participation in the circle.

A PERFECT PARTNERSHIP

Book Suey is not an ordinary bookstore. Founded as a cooperative, it is owned and operated by its members, who work together to curate titles and create a gathering space for readers and writers in Hamtramck and beyond. Its shelves hold thousands of books chosen with intention, reflecting the diversity and passion of the community that sustains it.

As a co-op, Book Suey’s mission is rooted in the same values that drive the Sober Witch Life



Sober Witch Life



Free Recovery Support

movement: empowerment, connection, and shared growth. Hosting Inked & Unbound is more than providing a venue. It is a demonstration of what happens when communities partner to lift up marginalized voices, celebrate creativity, and foster healing.

“Book Suey was founded by community, for community,” Sunshine explains. “It is the perfect place for this event because recovery and witchcraft are also about community. None of us heal alone. None of us practice alone. To hold this gathering in a space literally created by people coming together is incredibly powerful.”

THE AUTHORS AND THEIR VOICES

Amanda R. Howland is the author of *Mona Cost Returns to the Black House and Beasts and Creature*, works praised by critic Clementine Guirado as lyrical and haunting. With an MFA in fiction from the Northeast Ohio Master of Fine Arts program, her short stories have appeared in journals including *Adanna Literary Journal*. For over twenty-five years, she has practiced yoga and magick, and she teaches yoga in Lakewood, Ohio. Her presence at Inked & Unbound brings a literary voice that braids fiction with deep reflection on addiction, breakthroughs, and consciousness.

Sunshine is the pink-haired witch behind *The Sober Witch Life: A Magickal Guide to Recovery*. She is a psychic medium, spiritual advisor, and recovery leader who founded *Sober Witch Life* to create a sanctuary for witches navigating sobriety. Through weekly recovery circles, public speaking, and rituals, she helps others understand recovery not as exile from magick, but as its restoration. Sunshine’s talk for the evening, *The Curse of Addiction on Witches*, will reflect her own story of recovery and reclamation of spiritual power.

Patience is a poet, artist, and activist rooted in southeast Michigan. Her poetry and art are steeped in truth-telling and the courage of survival. For her, creativity itself is a practice of recovery, a way of speaking life into places of silence and pain. Her participation will bring both vulnerability and celebration, especially as the night coincides with her birthday.

Together, these three voices form a trinity of expression—prose, poetry, and personal story—all centered on the intersection of witchcraft and recovery.

WHAT THE EVENING HOLDS

The night begins with arrival and the opening of the circle, a ritual moment to ground and set intention. Each author will then take center stage. Patience will share poetry and reflection on her journey. Amanda will read from her novels and explore the themes of addiction and awakening. Sunshine will speak on the unique challenges witches face in recovery and the power of reclaiming magick.

After the readings, the authors will participate in a group Q&A session, answering questions

from the audience itself. This portion of the evening will open a dialogue about recovery, storytelling, and the sacred role of community.

From 7:30 to 8:30, the circle expands into celebration. Guests will have the chance to meet the authors, get books signed, enjoy cake in honor of Patience's birthday, sip coffee and water, and listen to a playlist curated by Sunshine. Happy Roots Dearborn will host a Witchy Fairy Garden mini station, inviting playful engagement with creativity. At the same time, artist Daniel Leyten, also in recovery, will be painting live, capturing the energy of the evening on canvas. The painting will be raffled off at the close of the event.

BUILDING BEYOND ONE NIGHT

The raffle will raise funds for The Sovereign Phoenix, a newly formed nonprofit organization dedicated to supporting witches in recovery. Like the Sober Witch Life movement, The Sovereign Phoenix seeks to build safe, spiritually grounded spaces for healing. Proceeds from the evening will directly support this vision, turning art into fuel for a wider movement.

In this way, Inked & Unbound is more than one night of storytelling. It is a microcosm of a larger shift among witches in recovery, where they claim space, create new traditions, and build institutions that honor their voices.

A RITUAL OF STORYTELLING AND HEALING

The closing of the circle will bring the evening to completion. The raffle winner will be announced, gratitude will be offered, and the circle will be sealed with blessing. What begins as a series of readings will end as a ritual, a collective act of healing and empowerment.

EVENT DETAILS

Inked & Unbound: A Storytelling Ritual with Three Sober Witches

Saturday, October 18, 2025 | 6:00–9:00 PM

Book Suey | Hamtramck, MI

Free to attend, with limited seating. Registration is highly suggested.

[Click Here to RSVP for The Event](#)

Sunshine Witchski

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