

OBGYN Specialists of Columbus Strengthens Commitment to PCOS Care, Expands Support Through RiverCity Rejuvenation

OBGYN Specialists of Columbus expands care for women with PCOS, offering personalized treatment and support through medicine & RiverCity Rejuvenation.

COLUMBUS, GA, UNITED STATES, October 10, 2025 /EINPresswire.com/ -- [OBGYN Specialists of Columbus](#) is expanding its dedication to women's health with a sharpened focus on providing comprehensive, compassionate care for women affected by Polycystic Ovary Syndrome (PCOS). Often underdiagnosed and misunderstood, PCOS is one of the most common endocrine disorders among women of reproductive age, impacting fertility, metabolism, and overall quality of life.

Led by Dr. Ruthann F. Rees, MD, PhD, FACOG, OBGYN Specialists of Columbus has long been recognized for delivering advanced, individualized care to women in the region. With PCOS presenting such a wide range of symptoms, including irregular periods, infertility, weight fluctuations, acne, and excessive hair growth.

The practice has prioritized developing tailored treatment plans that address the unique needs of each patient.



Dr. Rees

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Dr. Rees

“PCOS is not just a reproductive condition; it can influence nearly every aspect of a woman's health,” said Dr. Rees. “Our goal is to meet women where they are, to listen, and to create strategies that improve their well-being both in the short and long term. We want women to feel empowered, informed, and supported in every stage of their journey.”

The practice combines evidence-based medical care, including hormonal therapies, fertility support, and metabolic management, with a holistic understanding of how PCOS affects day-to-day life. This whole-person approach ensures that women receive not only clinical treatment but also emotional support and guidance for long-term health.



As part of its expanded services, OBGYN Specialists of Columbus has also refreshed the identity of its in-house MedSpa, now named RiverCity Rejuvenation. While the medical team focuses on diagnosis and management of PCOS, RiverCity Rejuvenation provides complementary therapies that address the aesthetic and confidence-related concerns often tied to the condition. Treatments for skin clarity, hair reduction, body contouring, and overall wellness help women manage visible symptoms of PCOS, providing an added layer of support to their care plan.

With over 20 years of service in the Columbus community, OBGYN Specialists of Columbus remains committed to advancing women's health through innovation, compassion, and personalized care. The introduction of RiverCity Rejuvenation underscores that commitment, ensuring women with PCOS have access to comprehensive resources that address both their medical and personal needs.

Dr. Ruthann F. Rees
OBGYN Specialists of Columbus
+1 706-324-0471

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