

Northeast Health Services Now Offers NeuroStar TMS Therapy for Depression at Somerville, MA Clinic

Northeast Health Services in Somerville, MA launches NeuroStar TMS therapy for depression, anxiety, & OCD. Safe, effective, non-drug. Most insurances covered.

SOMERVILLE, MA, UNITED STATES, October 10, 2025 /EINPresswire.com/ -- Northeast Health Services is proud to announce the launch of NeuroStar [Transcranial Magnetic Stimulation \(TMS\)](#) therapy at its clinic in [Somerville, Massachusetts](#). This expansion in care brings a innovative treatment option for individuals in the Somerville community who have not found relief from antidepressants or traditional therapy. TMS is FDA-cleared to treat depression, depression with anxiety, and OCD. Most major insurances cover NeuroStar TMS, including Medicare and Tricare plans nationwide.

TMS therapy is a safe, effective, and non-drug treatment that offers lasting relief from the symptoms of depression without the common side effects associated with antidepressant medications. NeuroStar TMS uses focused magnetic pulses (similar in strength to an MRI), to revitalize underactive areas of the brain involved in regulating mood. When these regions are underactive, depression can result. "Waking up" these regions can have a lasting effect on depression, making long-term remission from depression a reality for many people.

A typical TMS treatment plan includes 36 sessions that each last between 19-37 minutes. Completing the full treatment course gives the best chance for delivering long-lasting relief from depression. TMS therapy is a highly effective treatment option for individuals battling treatment-resistant depression, offering renewed hope and lasting relief.

The launch of NeuroStar TMS in Somerville is part of Northeast Health Services' dedication to a comprehensive and collaborative approach to mental health care. Astutely timed with October



being Depression Awareness Month and also hosting OCD Awareness Week, this initiative highlights the importance of addressing mental health challenges with advanced treatments. By offering a full suite of mental health services, including therapy, medication management, and now advanced treatments like TMS, the clinical team can develop truly individualized treatment plans tailored to each patient's unique needs. This multidisciplinary approach ensures every person receives the most effective care possible.

The Somerville clinic is now accepting both new and existing patients for TMS therapy evaluations. For more information or to schedule an appointment, please contact Northeast Health Services at (413)-846-1848 or visit their website at <https://nehs.transformationsnetwork.com/schedule-appointment/>.

Erica McPeck

Transformations Care Network

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