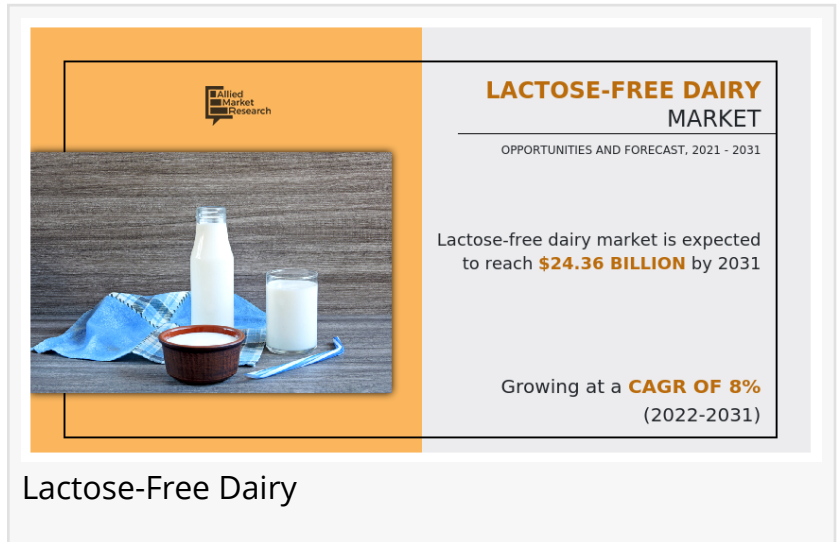


Lactose Free Dairy Market is Booming Worldwide to Reach \$24.36 billion by 2031 | Growth Business Opportunity

Surge in consumption of lactose-free dairy & other dairy by aging population & increase in consumer preference toward sugar-free, lactose-free, and gluten-free.

WILMINGTON, DE, UNITED STATES, October 3, 2025 /EINPresswire.com/ -- The global [lactose free dairy market size](#) was garnered \$11.45 billion in 2021, and is estimated to generate \$24.36 billion by 2031, manifesting a CAGR of 8.0% from 2022 to 2031.



Leading Key Players:-

Arla Foods AMBA
Danone S.A
General Mills, Inc
Gujrat Cooperative Milk Marketing Federation (AMUL)
Johnson & Johnson Services, Inc
Lifeway Foods, Inc
Nestle S.A
Organic Valley, Saputo, Inc
The Kroger Company.

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The overall understanding of the consumer of health and fitness has grown significantly throughout the years. They have become aware of the consequences of lactose intolerance. To stay fit and healthy, customers are migrating toward dairy products that include lactase, which is beneficial to lactose-intolerant people and improves product quality overall.

Lactose-free milk is a lactose-free commercial milk product. Lactose is a kind of sugar present in

milk that causes indigestion in individuals who are lactose intolerant. Lactose-free dairy products are created by blending lactase with ordinary cow's milk. Lactase is a naturally occurring enzyme in the small intestine that is responsible for breaking down lactose into glucose and galactose. The monosaccharides are easily absorbed in the small intestine and prevent lactose intolerance symptoms from occurring. Lactose-free dairy can give the important elements found in traditional dairy products, such as calcium and vitamins, to persons who cannot digest lactose.

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The global lactose-free dairy market is witnessing significant growth, owing to the development of the global processed food industry, increase in consumption of lactose-free dairy and other dairy products by an aging population, and growth in urbanization. In addition, the rise in prevalence of diabetes, obesity, and other health issues; the rise in need for energy with weight management; surge in consumer preference toward sugar-free, lactose-free, and gluten-free flour are some of the major factors anticipated to drive the demand for lactose-free dairy. However, lack of awareness, regarding the benefits of lactose-free dairy products, especially in developing economies; and its high cost compared to other conventional dairy products is anticipated to hamper the lactose-free dairy market growth.

The International Organization for Standardization (ISO), Canadian Food Inspection Agency (CFIA), Food and Drug Administration (FDA), International Dairy Foods Association, World Health Organization (WHO), and European Union (EU) are some of the regulatory authorities present in the dairy market. The surge in concern among people regarding their health due to dairy consumption, the perishability nature of dairy products, and lack of proper storage facilities are some factors that hamper the growth of the lactose-free dairy market. Low-fat and low-cholesterol dairy products are manufactured to meet the requirement of health-conscious people, with innovation in manufacturing techniques of lactose-free dairy products, which in turn provides lactose-free dairy market opportunity for growth.

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The research provides detailed segmentation of the global lactose free dairy market based on type, form, distribution channel, and region. The report discusses segments and their sub-segments in detail with the help of tables and figures. Market players and investors can strategize according to the highest revenue-generating and fastest-growing segments mentioned in the report.

Based on region, Europe held the largest share in 2021, contributing to more than one-third of the total market share, and is projected to maintain its dominant share in terms of revenue in 2031. In addition, the Asia-Pacific region is expected to manifest the fastest CAGR of 9.6% during the forecast period. The research also analyzes regions including North America and LAMEA.

The report provides a detailed analysis of these key players of the [lactose free dairy industry](#). These players have adopted different strategies such as new product launches, collaborations, expansion, joint ventures, agreements, and others to increase their market share and maintain dominant shares in different regions. The report is valuable in highlighting business performance, operating segments, product portfolio, and strategic moves of market players to showcase the competitive scenario.

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David Correa

Allied Market Research

+ + + + +1 800-792-5285

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