

Black Maternal Health Weekend 2025 Comes to Nashville: Stronger Together-Building a Village for Black Maternal Wellness

NASHVILLE, TN, UNITED STATES, October 7, 2025 /EINPresswire.com/ -- Tennessee State University will host Black Maternal Health Weekend 2025 at its downtown Avon Williams Campus, uniting national leaders, advocates, and families to address the Black maternal health crisis and strengthen community support. The two-day event begins Friday, October 10, with a Black Maternal Health Symposium featuring panel discussions, networking, and a professional resource fair. Topics include systemic barriers and policy solutions, the role of men in maternal health, and the connection between nutrition and wellness.

Highlights include:

- Panel #1: The State of Black Maternal Health: Crisis, Advocacy & the Path Forward – exploring systemic barriers, data, and policy solutions.
- Panel #2: Fathers, Brothers & Allies: How Black Men Can Champion Maternal Health – highlighting the role of men as partners, fathers, and advocates.
- Panel #3: Nourishing the Village: Nutrition, Wellness & Black Maternal Health – focusing on food access, cultural nutrition, and holistic wellness.
- Ebony Canal Film Screening & Panel (6:30-9:00 PM) – a screening of the powerful Emmy award-winning documentary, followed by a panel with filmmaker Emmai Alaquiva, Charles Johnson, Founder of 4Kira4Moms, and Tennessee State Senator London Lamar.

On Saturday, October 11, from 11 a.m. to 2 p.m., the weekend continues with the Thrive Tour Community Baby Shower & Resource Fair at Avon Williams Campus, hosted by Elev8Health. Expectant parents will receive vital resources, supplies, and support. The day also features the launch of The Dads Den, presented by 4Kira4Dads, offering tailored conversations and tools for fathers to strengthen their role in maternal and family health.



The poster is for the Black Maternal Health Weekend 2025, presented by Walmart, 4Kira4Moms, and Tennessee State University. The main title is "BLACK MATERNAL HEALTH WEEKEND 2025" in large blue and purple letters. Below it, a yellow banner reads "STRONGER TOGETHER: BUILDING A VILLAGE FOR BLACK MATERNAL WELLNESS". A blue banner states "JOIN US FOR AN INSPIRING EXPERIENCE — COMPLETELY FREE AND OPEN TO ALL!". The location is "ALL EVENTS ARE LOCATED AT AVON WILLIAMS CAMPUS, 330 10TH AVENUE NORTH, NASHVILLE, TN 37203". The poster is divided into two main sections for October 10 and October 11. For October 10, it lists the "BLACK MATERNAL HEALTH SYMPOSIUM" (9:00AM-3:30PM CST) with panels, networking, and a professional resource fair, followed by "THE EBONY CANAL" (6:30 PM CST) featuring a powerful documentary and conversation. For October 11, it lists the "THRIVE TOUR BROUGHT TO YOU BY ELEV8 HEALTH" (11:00AM-2:00 PM CST) featuring a community baby shower and resource fair for expectant parents, and "THE 4KIRA4DADS DADS DEN LOCKER ROOM". QR codes for registration are provided for both days. The bottom of the poster includes the Tennessee State University EEO statement, contact information for Angela Wynn (awynn15@tnstate.edu), and website links (www.4kira4moms.com and www.4kira4dads.com).

“Black maternal health is not just a woman’s issue—it is a family and community issue,” said Gabrielle Albert, MBA, Executive Director of 4Kira4Moms. “With maternal mortality rates disproportionately affecting Black women—who are three to four times more likely to die from pregnancy-related complications than white women—this event provides a platform for urgent conversations, practical solutions, and collective action.”

Black Maternal Health Weekend 2025 is presented by 4Kira4Moms, 4Kira4Dads, Walmart, and Tennessee State University in partnership with a host of community organizations and sponsors.

Participants can register at the [event site](#).

Media Representatives: Please email LaTricia@mahoganyxan.com or Dimitra@perrymedia.com for media tickets.

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*Gabrielle Albert, MBA,
Executive Director of
4Kira4Moms*

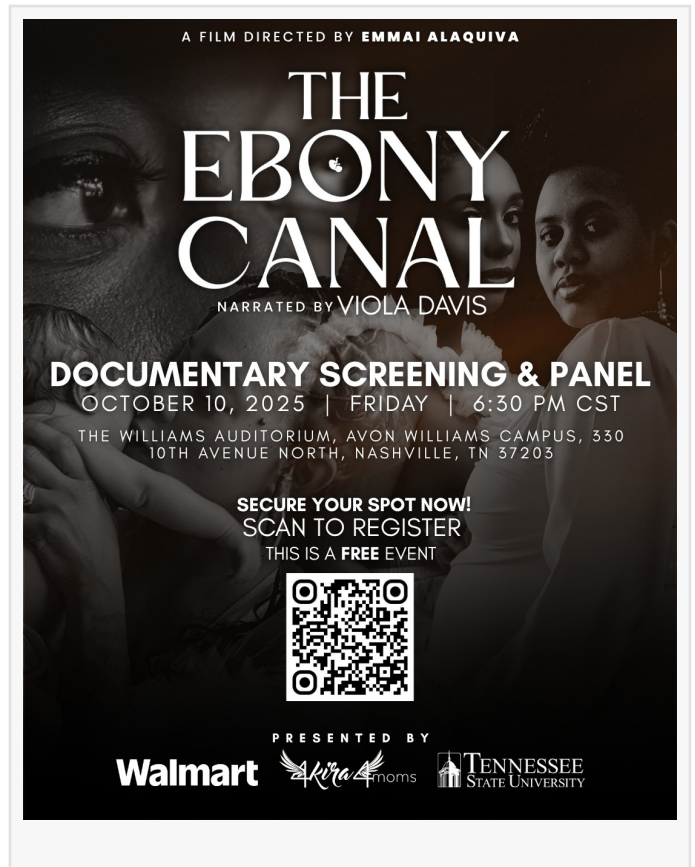
About 4Kira4Moms

4Kira4Moms is a national nonprofit organization committed to improving maternal health outcomes and preventing maternal mortality, particularly among Black women. Through education, policy advocacy, and community engagement, 4Kira4Moms works to ensure that all mothers have access to equitable and respectful care. 4Kira4Moms.com

About Walmart

Walmart Inc. (NYSE: WMT) is a people-led, tech-powered omnichannel retailer helping people save money and live better — anytime and anywhere — in stores, online, and

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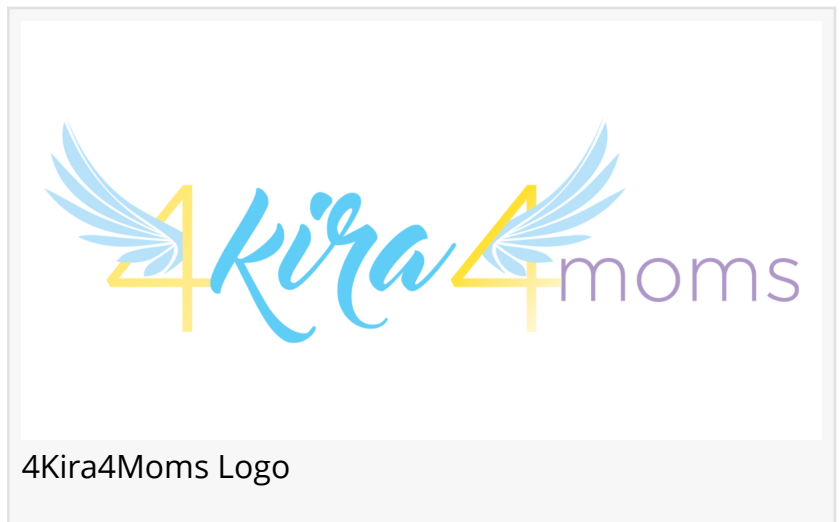


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