

GenAge Center Hosts 'The [M] Factor: A Menopause Movie Night' — A Girls' Night Out in Ada, MI

ADA, MI, UNITED STATES, October 7, 2025 /EINPresswire.com/ -- GenAge

Center will host THE [M] FACTOR: A <u>Menopause</u> Movie Night—a community girls' night out—on Tuesday, October 14, 2025, from 5:15–7:30 p.m. (EDT) at GenAge Center, 6745 Fulton Street East, Forest Hills/Ada, MI 49301.



Menopause deserves straight talk and science-based support. We're bringing our community together for an evening that blends credible information with an honest conversation."

Hyung Kim, MD, MBA, FACP

The evening features a screening of The M Factor: Shredding the Silence on Menopause, followed by an open, practical discussion about midlife hormones and quality of life. Attendees are encouraged to invite friends, daughters, sisters, and supportive partners for a judgment-free conversation.

Event Highlights

-What: Screening of The M Factor: Shredding the Silence on Menopause + post-film discussion

-When: Tuesday, October 14, 2025 | 5:15-7:30 p.m. EDT

-Where: GenAge Center, 6745 Fulton Street East, Forest Hills/Ada, MI 49301

-Register: Reserve seats via Eventbrite.

The film shines a light on the wide-ranging impact of menopause—at home, at work, and across communities—while offering education and encouragement for women navigating this life stage.

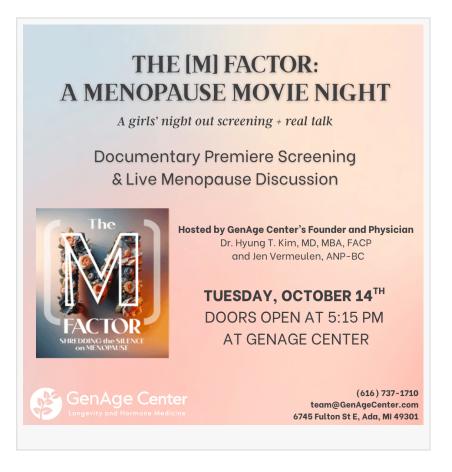
"Menopause deserves straight talk and science-based support. We're bringing our community together for an evening that blends credible information with an honest conversation, so women can feel informed, heard, and empowered." — Hyung Kim, MD, MBA, FACP, Center Director & Founder, GenAge Center.

About GenAge Center

GenAge Center is a physician-directed longevity and wellness clinic in Ada, Michigan, serving the greater Grand Rapids area with personalized, data-driven care. The practice helps people

optimize energy, metabolic health, and overall vitality through advanced diagnostics and tailored programs, including hormone optimization (BHRT), weight management, DEXA body composition analysis, and recovery services.

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