

GenAge Center Hosts 'The [M] Factor: A Menopause Movie Night' — A Girls' Night Out in Ada, MI

ADA, MI, UNITED STATES, October 7, 2025 /EINPresswire.com/ -- GenAge

Center will host THE [M] FACTOR: A [Menopause](#) Movie Night—a community girls' night out—on Tuesday, October 14, 2025, from 5:15–7:30 p.m. (EDT) at GenAge Center, 6745 Fulton Street East, Forest Hills/Ada, MI 49301.

“

Menopause deserves straight talk and science-based support. We're bringing our community together for an evening that blends credible information with an honest conversation.”

Hyung Kim, MD, MBA, FACP

The evening features a screening of The M Factor: Shredding the Silence on Menopause, followed by an open, practical discussion about midlife hormones and quality of life. Attendees are encouraged to invite friends, daughters, sisters, and supportive partners for a judgment-free conversation.

Event Highlights

-What: Screening of The M Factor: Shredding the Silence on Menopause + post-film discussion

-When: Tuesday, October 14, 2025 | 5:15–7:30 p.m. EDT

-Where: GenAge Center, 6745 Fulton Street East, Forest Hills/Ada, MI 49301

-Register: [Reserve seats via Eventbrite](#).

The film shines a light on the wide-ranging impact of menopause—at home, at work, and across communities—while offering education and encouragement for women navigating this life stage.

“Menopause deserves straight talk and science-based support. We're bringing our community together for an evening that blends credible information with an honest conversation, so women can feel informed, heard, and empowered.” — Hyung Kim, MD, MBA, FACP, Center Director & Founder, GenAge Center.

About GenAge Center

GenAge Center is a physician-directed longevity and wellness clinic in Ada, Michigan, serving the greater Grand Rapids area with personalized, data-driven care. The practice helps people

optimize energy, metabolic health, and overall vitality through advanced diagnostics and tailored programs, including [hormone optimization](#) (BHRT), weight management, DEXA body composition analysis, and recovery services.

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THE [M] FACTOR: A MENOPAUSE MOVIE NIGHT

A girls' night out screening + real talk

Documentary Premiere Screening
& Live Menopause Discussion



Hosted by GenAge Center's Founder and Physician
Dr. Hyung T. Kim, MD, MBA, FACP
and Jen Vermeulen, ANP-BC

TUESDAY, OCTOBER 14TH
DOORS OPEN AT 5:15 PM
AT GENAGE CENTER



GenAge Center
Longevity and Hormone Medicine

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