

New Book Inspires Readers to Embrace Spiritual Awakening and Higher Consciousness

PLEASANTVILLE, NOVA SCOTIA,
CANADA, October 7, 2025

/EINPresswire.com/ -- [The Great Awakening](#): Primordial Soup for the Soul – Soul Stories brings together a global chorus of voices devoted to exploring what it means to awaken, heal, and live with purpose. Compiled by the SuperFreques, a heart-centered community of seekers, teachers, healers, and creators, the book invites readers on a transformative journey of personal growth and collective consciousness.

Through diverse and deeply personal accounts, the contributors share experiences that span from deep loss and moments of clarity to extraordinary encounters with the divine. Each story reflects the courage to release limiting beliefs, rediscover inner truth, and embrace spiritual alignment. Together, these narratives illuminate the universal path of resilience, vulnerability, and renewal.

More than a collection of stories, The Great Awakening serves as a practical and spiritual guide for those navigating their own journeys of transformation. With themes of conscious living, emotional healing, and spiritual awakening, it resonates with readers seeking connection, higher purpose, and clarity in an ever-changing world.



At its heart, The Great Awakening reflects the mission of the [Super Freques](#) to raise human consciousness, foster compassion, and inspire love as a guiding force for global harmony. The book also speaks to entrepreneurs and leaders who wish to integrate spiritual wisdom into purpose-driven ventures, offering insights into conscious leadership and soul-aligned success.

Every contributor has walked through their own “dark night of the soul,” emerging with powerful lessons of peace, hope, and empowerment. Collectively, their stories affirm that personal awakening fuels the evolution of humanity itself.

For anyone ready to raise their vibration, connect with a supportive spiritual community, or explore the vast possibilities of higher consciousness, this book offers both guidance and inspiration.

The Great Awakening: Primordial Soup for the Soul – Soul Stories is available now in paperback and digital formats through major online retailers.

About the Authors

The Super Freques are an international collective of lightworkers, coaches, healers, and creatives united by one guiding frequency: love. Their mission is to raise global consciousness and empower others on their journey of spiritual awakening, healing, and transformation.

[email us here](#)

Super Freques

Super Freques

This press release can be viewed online at: <https://www.einpresswire.com/article/856163812>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.