

Sesame Oil Market to Reach \$8.30B by 2032 | Health, Culinary & Organic Demand Drive 6.1% CAGR

Sesame Seeds are rich in the sesamin compound that helps in reducing the fungi from affected skin and chronic inflammation and fights various bacteria.

WILMINGTON, DE, UNITED STATES, October 9, 2025 /EINPresswire.com/ -- Global [Sesame Oil Market](#) size was valued at USD 5.17 billion in 2024 and is projected to grow at a CAGR of 6.1% from 2025 to 2032, reaching nearly USD 8.30 billion.

Global Sesame Oil Market Overview 2025: Health Benefits, Antioxidants, Ayurveda, Skincare, Cold-Pressed Oils, and Premium Growth Opportunities

Global Sesame Oil Market Segments Covered	
By Type	Regular Sesame Oil Toasted Sesame Oil Cold-Pressed Sesame Oil
By End Use	Household Commercial
By Distribution Channel	Supermarkets Online Retail Specialty Stores Direct Sales
By Application	Pharmaceutical Industry Cosmetics And Personal Care Industry Food Industry
By Recipe	Sesame oil salad dressing Hummus Spicy Asian chicken soup Others
By Region	North America (United States, Canada and Mexico) Europe (UK, France, Germany, Italy, Spain, Sweden, Austria, Turkey, Russia and Rest of Europe) Asia Pacific (China, India, Japan, South Korea, Australia, ASEAN (Indonesia, Malaysia, Myanmar, Philippines, Singapore, Thailand, Viet Nam etc.) and Rest APAC) Middle East and Africa (South Africa, GCC, Egypt, Nigeria and Rest of ME&A) South America (Brazil, Argentina, Colombia and Rest of South America)

Global Sesame Oil Market is witnessing dynamic growth as health-conscious consumers increasingly embrace its antioxidant-rich, heart-healthy, and wellness-boosting benefits. Widely used in Ayurveda, skincare, and functional foods, the Global Sesame Oil Market is driven by rising demand for cold-pressed, organic, and premium sesame oil products. Key players like Olam International, Dipasa Europe B.V., and Unicorn Ingredients are expanding through strategic investments and sustainable processes, creating lucrative opportunities in the Global Sesame Oil Market.”

“Health benefits, antioxidant-rich properties, and functional food applications are driving the Global Sesame Oil Market’s rapid expansion worldwide.”
Dharti Raut

Global Sesame Oil Market Drivers: Health Benefits, Skincare, Ayurveda, Antioxidants, and Wellness Trends Fuel Market Growth

Global Sesame Oil Market is booming as health-conscious consumers embrace its powerful benefits. Rich in antioxidants, sesamin, and vitamin E, sesame oil supports heart health, reduces blood pressure, enhances mental wellness, and protects against diabetes. Its rising use in skincare, Ayurveda, and natural wellness products is driving Sesame Oil Market growth worldwide.



Global Sesame Oil Market Restraints: Allergic Reactions, Digestive Issues, Weight Gain, and Cardiovascular Risks Limiting Growth

Global Sesame Oil Market faces challenges despite its health benefits. High fiber content may cause digestive issues, bloating, or appendicitis, while sensitive individuals risk allergic reactions like anaphylaxis. Overconsumption could lead to weight gain and cardiovascular concerns, highlighting critical safety considerations that may impact Sesame Oil Market growth.

Global Sesame Oil Market Growth Opportunities: Organic, Heart-Healthy, Functional Oils, Skincare, Ayurveda, Nutraceuticals, and Pharma Driving Market Expansion

Global Sesame Oil Market is poised for strong growth as health-conscious consumers increasingly seek organic, heart-healthy, and functional oils. Rising demand across skincare, Ayurvedic treatments, nutraceuticals, and pharmaceutical applications, combined with expanding e-commerce, retail, and regional adoption, presents lucrative opportunities for brands to leverage sesame oil's antioxidant, antibacterial, and wellness benefits worldwide.

Global Sesame Oil Market Segmentation Analysis: Cold-Pressed, Regular, Household & Commercial Use, and Online Retail Driving Market Growth

Global Sesame Oil Market is segmented by type, end-use, distribution channel, application, and recipe, revealing key growth drivers for the Sesame Oil Market. Cold-pressed sesame oil dominates due to its high antioxidant content and health benefits, while household consumption in the food industry, skincare, and Ayurvedic applications fuels market demand. Supermarkets and online retail channels lead distribution, highlighting lucrative opportunities

for brands in the global Sesame Oil Market.

Global Sesame Oil Market Key Trends 2025: Rising Health Awareness, Clean-Label & Functional Foods, Cold-Pressed Oils, and Wellness Products Driving Market Growth

Rising Health Awareness Boosts Global Sesame Oil Market Growth: Growing consumer preference for natural, plant-based oils rich in antioxidants and healthy fats is propelling the global Sesame Oil Market, as health-conscious buyers increasingly seek heart-healthy, immunity-boosting, and functional sesame oil products.

Clean-Label & Functional Foods Drive Global Sesame Oil Market Demand: Increased interest in antioxidant-rich, anti-inflammatory, and clean-label food products is fueling Sesame Oil Market consumption, positioning sesame oil as a premium ingredient in wellness-focused diets worldwide.

Cold-Pressed Sesame Oil Emerges as Key Trend in the Global Sesame Oil Market: The rising demand for minimally processed, nutrient-dense, and flavorful cold-pressed sesame oil among organic and health-focused consumers is creating lucrative growth opportunities in the global Sesame Oil Market.

Global Sesame Oil Market Developments 2025: Olam, Dipasa, and Unicorn Ingredients Drive Growth, Sustainability, and Strategic Expansion

In April 2025, Olam Group announced a strategic shift, investing \$500 million in its food ingredients and sesame oil business, aiming for a dual listing in London and Singapore, boosting its footprint in the global Sesame Oil Market.

As of January 2025, Dipasa Europe B.V. remains among the top sesame oil brands worldwide, highlighting its focus on quality, sustainability, and innovation, strengthening its position in the global Sesame Oil Market.

For more information, visit <https://www.maximizemarketresearch.com/request-sample/187303/>

In May 2025, Unicorn Ingredients Limited reported a significant increase in natural sesame volumes, influencing global planting patterns in India and impacting dynamics in the global Sesame Oil Market.

Global Sesame Oil Market Competitive Landscape:

Global Sesame Oil Market Competitive Landscape is intensifying as key players drive innovation and expansion. Botanic Innovations launched the sustainable NatureFRESH Cold Press Process, enhancing nutrient-rich sesame oil production, while Patanjali Ayurveda's \$53.17 million

acquisition of Ruchi Soya strengthens its market presence in Asia Pacific. Strategic mergers, advanced extraction technologies, and premium product offerings are shaping the growth of the global Sesame Oil Market.

Global Sesame Oil Market Regional Insights 2025: Asia Pacific Dominates, North America Surges with Health, Culinary, and Wellness Trends

Asia Pacific dominates the Global Sesame Oil Market, driven by high consumption in local cuisines, Ayurveda, and traditional massage oils. India's 2024 sesame oil exports totalled USD 25.7 million to China, the U.S., and Spain, highlighting the region's influence. Cultural heritage, historic preference, and growing demand continue to propel Global Sesame Oil Market growth.

North America is the fastest-growing region in the Global Sesame Oil Market, driven by rising health-conscious consumption and expanding applications in food, beverages, and wellness products. Increasing awareness of sesame oil's nutritional benefits, rising popularity of Asian cuisines, and government initiatives supporting sesame seed farmers are fueling growth in the Global Sesame Oil Market.

Sesame Oil Market, Key Players:

- 1.Olam International
- 2.Dipasa Europe B.V.
- 3.Unicorn Ingredients Limited
- 4.Virdhara International
- 5.Tradin Organic Agriculture B.V.
- 6.Samruddhi Organic Farm (India) Private Limited (India)
- Orienco (France)
- 8.Shiloh Farms (Pennsylvania)
- Akay Agro Allied
ORGANIC INDIA
- 11.MANISHANKAR OILS PRIVATE LIMITED
- 12.TAMPICO
- KADOYA SESAME MILLS INC

14.Shree Western G & C Industries

15.Zapach International

16.UNI-TECH INTERNATIONAL

17.Zillion International Royal Foods

18.Nirlesh Foods Private Limited

Bavankashi Food Products Private Limited

20.Shrimant Sai Oil Mill

Maximize Market Research—Request a Sample Report :

<https://www.maximizemarketresearch.com/request-sample/187303/>

FAQs:

What is the projected growth of the Global Sesame Oil Market?

Ans: Global Sesame Oil Market is projected to grow from USD 5.17 billion in 2024 to nearly USD 8.30 billion by 2032, at a CAGR of 6.1%, driven by health benefits, culinary uses, organic oils, and wellness trends.

Which regions are dominating and growing in the Global Sesame Oil Market?

Ans: Asia Pacific dominates the Global Sesame Oil Market due to high consumption in cuisines, Ayurveda, and traditional massage oils, while North America is the fastest-growing region fueled by health-conscious consumers, functional foods, and culinary adoption.

Who are the key players shaping the Global Sesame Oil Market?

Ans: Leading companies driving the Global Sesame Oil Market include Olam International, Dipasa Europe B.V., Unicorn Ingredients Limited, Patanjali Ayurveda, and Botanic Innovations, leveraging strategic expansions, mergers, and innovative cold-pressed technologies to capture market share.

Analyst Perspective:

Industry experts observe that the Global Sesame Oil Market is gaining strong momentum as health, wellness, and culinary trends drive rising demand. Analysts highlight the growing role of skincare, Ayurveda, and functional foods in expanding the Global Sesame Oil Market's potential. Key players like Olam International, Dipasa Europe B.V., and Unicorn Ingredients are making strategic investments and technological advancements, intensifying competition and creating

lucrative opportunities in the Global Sesame Oil Market.

Related Reports:

Organic Sesame Seed Market: <https://www.maximizemarketresearch.com/market-report/global-organic-sesame-seed-market/111286/>

Maximize Market Research is launching a subscription model for data and analysis in the Sesame Oil Market:

<https://www.mmrstatistics.com/markets/469/topic/020/food-beverages>

About Us :

Maximize Market Research is one of the fastest-growing market research and business consulting firms serving clients globally. Our revenue impact and focused growth-driven research initiatives make us a proud partner of majority of the Fortune 500 companies. We have a diversified portfolio and serve a variety of industries such as IT & telecom, chemical, food & beverage, aerospace & defense, healthcare and others.

Contact Us :

MAXIMIZE MARKET RESEARCH PVT. LTD.

2nd Floor, Navale IT park Phase 3,

Pune Bangalore Highway, Narhe

Pune, Maharashtra 411041, India.

+91 9607365656

Lumawant Godage

MAXIMIZE MARKET RESEARCH PVT. LTD.

+91 96073 65656

[email us here](#)

Visit us on social media:

[LinkedIn](#)

[Instagram](#)

[Facebook](#)

[X](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/856708808>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable

in today's world. Please see our Editorial Guidelines for more information.
© 1995-2025 Newsmatics Inc. All Right Reserved.