

# Doc Hypnosis Unveils Revolutionary 'Progressive Protocol' — Making Hypnosis Up to 33% Faster at Solving Problems

PHOENIX, AZ, UNITED STATES, October 10, 2025 /EINPresswire.com/ -- Doc Hypnosis, Arizona's #1 rated hypnotherapy center, has announced a groundbreaking advancement in the field of hypnotherapy: The Progressive Protocol™, a proprietary approach that makes results up to 33% faster than traditional hypnosis methods.

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*Dr. William Deihl, Founder of  
Doc Hypnosis*

Developed by Dr. William Deihl, PhD, a third-generation hypnotist with over 10,000 clinical hours of experience, this protocol is transforming how hypnosis is practiced and experienced across the world.

## A Breakthrough in Modern Hypnosis

Unlike traditional hypnosis programs that rely on repetition and scripted sessions, the Progressive Protocol™ adapts to each client's evolving needs. Every session is treated as a new beginning—because once a person

changes, their problem changes too.

“Every time a client comes in, they're not the same person they were the week before,” said Dr. Deihl, founder of Doc Hypnosis. “If we keep treating them like they are, we're missing the mark. The Progressive Protocol lets the session grow with them—so healing happens faster, deeper, and more naturally.”

This forward-thinking model redefines what hypnosis can achieve. By focusing on real-time evolution instead of repetition, clients report breakthrough results in one-third less time compared to standard hypnotherapy approaches.

## The Five Principles Behind the Protocol

Progressive Change – Every session begins fresh, responding to who the client is now.

Client-Guided Healing – The subconscious naturally directs the pace and path of

transformation.

No Scripts. No Limits. – Every word, metaphor, and moment is tailored in real time.

Collaboration, Not Control – Hypnosis becomes a shared process of awareness and empowerment.

Rapid, Safe Results – Focus stays on lasting outcomes, not repetition.

This dynamic, client-centered framework honors the mind's natural ability to heal itself while integrating cutting-edge hypnotic techniques, emotional release work, and neuroscience-based understanding of change.

### Why It Matters

Research in neuroplasticity and emotional learning confirms what Doc Hypnosis clients have experienced firsthand: change happens faster when therapy evolves with the individual.

“The old model treated hypnosis like a recording,” Dr. Deihl explained. “But people aren't recordings—they're living, changing systems. The Progressive Protocol meets them at the speed of their own growth.”

By eliminating static scripts and rigid programming, the method creates a natural flow that aligns with how the brain rewires itself. This approach is especially effective for issues like anxiety, addiction, burnout, and trauma.

### About Doc Hypnosis

Founded by Dr. William Deihl, PhD, Doc Hypnosis has been recognized as Arizona's #1 Hypnotherapy Center for three consecutive years. With over 10,000 hours of clinical hypnosis and clients ranging from healthcare professionals to first responders and executives, Dr. Deihl has redefined modern hypnosis as a fast, effective, and deeply personal form of healing.

Dr. Deihl is also the creator of Olfactory Hypnotic Regression Therapy (OHRT), a certified Provocative Change Works practitioner, and the only U.S. trainer authorized by Bob Burns to teach The Swan Protocol.

### About The Progressive Protocol™

The Progressive Protocol™ is a new model of clinical hypnotherapy developed by Doc Hypnosis that views every session as a living process. It adapts dynamically to the client's progress, making hypnosis up to 33% faster and more effective at resolving personal and emotional challenges.

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