

Cordisco & Saile's Michael Saile and Dr. Lee Picariello Explore the 'Invisible' Impacts of Injuries on The Injury Pros

Attorney Michael Saile and Dr. Lee Picariello Explore the Psychological Impact of Invisible Injuries

PHILADELPHIA, PA, UNITED STATES, October 10, 2025 /EINPresswire.com/ -- [Cordisco & Saile](#), a personal injury law firm in Pennsylvania, is shining a light on an often-overlooked part of the injury recovery process, the invisible psychological impact victims face after trauma. In the latest episode of The Injury Pros Podcast, Attorney [Michael Saile](#) sits down with clinical psychologist Dr. Lee Picariello, founder of MindFlex LLC, to explore how injuries extend “beyond what’s visible.”



Attorney Michael Saile of Cordisco & Saile LLC and Dr. Lee Picariello of MindFlex LLC during The Injury Pros Podcast discussing the psychological impact of invisible injuries.

In this powerful conversation, Dr. Picariello shares insights from his work in cognitive behavioral therapy and biofeedback, offering a window into how brain injuries, concussions, and chronic pain can disrupt not just physical health but also emotions, relationships, and overall well-being. Together, he and Saile discuss the importance of early recognition, psychoeducation, and a mind-body approach to treatment.

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Michael Saile

“The effects of a serious injury go far deeper than most people realize,” said Attorney Michael Saile. “These conversations matter because they remind us that healing isn’t just about medical bills and physical therapy - it’s about helping people rebuild their lives mentally and

emotionally, too. By bringing experts like Dr. Picariello onto the show, we’re helping bridge the

gap between law, medicine, and mental health so victims can find the full support they deserve.”

Listeners will learn about the critical difference between visible and invisible injuries, how therapies like cognitive behavioral treatment and biofeedback empower recovery, and why collaboration between attorneys and healthcare providers can make all the difference in identifying psychological trauma early.

The episode, titled “[How Injuries Impact Victims ‘Beyond’ What’s Visible](#),” is available now on all major podcast platforms and YouTube.

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