

First 28 Years by Brian Waltham Now Available Worldwide

NEW ZEALAND, October 21, 2025 /EINPresswire.com/ -- The new book [First 28 Years](#) by British author Brian Waltham has been officially released and is [now available](#) to readers worldwide. Published by Ghost Writing NZ, the book takes readers through the author's early years, beginning with his childhood during World War II and leading into his remarkable time in the Royal Navy. It is a story about growing up through hardship, finding purpose, and learning to move forward with strength and hope.

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First 28 Years is a simple yet powerful story of survival and discovery. Brian Waltham shares his early memories of growing up in Rustington, England, during and after the war. His childhood was marked by loss and separation, but also by courage and determination.

At just fifteen, he made a life-changing decision to join the Royal Navy, where he began a new chapter filled with challenges, discipline, and travel. The book follows his experiences at sea and his service during key moments in history, including the Suez Crisis. Through his eyes, readers witness how a young man found direction and strength while facing an unpredictable world.

Though the story includes hardship, it also carries moments of friendship, humor, and hope. Brian's writing style is honest and plainspoken, allowing readers to easily connect with the genuine emotions behind his words. Each page reflects not only the difficulties of his journey but also the small victories that shaped his character.

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At its heart, First 28 Years speaks about resilience, the kind that grows quietly through life's toughest moments. Brian's story reminds readers that even when life seems uncertain, there is



always a way forward

The book touches on themes of survival, personal growth, and the lasting impact of war on children. It also offers a look into post-war Britain, when communities worked to rebuild their lives and futures. The story shows that discipline, faith, and compassion can sustain a person through even the most challenging times.

Readers are invited to see how one boy's journey through loss and hardship became the foundation for a life built on courage and understanding.

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Brian Waltham was born in England during World War II and grew up in a country still healing from conflict. Those early years taught him self-reliance, strength, and the importance of kindness.

At fifteen, he began his service in the Royal Navy, traveling across the world and serving aboard several warships in the 1950s. His time at sea, including during the Suez Crisis, gave him a deep understanding of duty and resilience. Throughout his life, Brian faced numerous challenges, including near-drowning incidents and adapting to constant change, yet he consistently maintained a sense of humor and gratitude.

He chose to write *First 28 Years* not only to share his experiences but also to leave behind a record for his family and future generations. His story stands as a quiet reminder that courage and kindness can be found even in the hardest years.

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This book will appeal to readers who enjoy true stories, British history, and accounts of personal endurance. It especially speaks to those aged thirty and above who appreciate honest reflections on life's struggles and lessons.

First 28 Years is not just a story of one man's life, but a glimpse into a generation that learned to rebuild, survive, and move forward with faith in better days.

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First 28 Years by Brian Waltham was published by Ghost Writing NZ on July 31, 2025, and is now available worldwide in both print and digital formats.

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