

# New White Paper Reveals First Equation for Human Suffering and Coherence

*Veteran Trauma Psychologist Ernie L. Vecchio Introduces the  $\Delta S$  Formula—A Universal Law of Spiritual Gravity*

SCOTT DEPOT, WV, UNITED STATES, October 14, 2025 /EINPresswire.com/ -- After decades of clinical practice and philosophical inquiry, trauma psychologist Ernie L. Vecchio has released a groundbreaking white paper detailing the first formal equation for spiritual gravity—a universal law that mathematically describes the misalignment between ego and heart, and the path back to coherence.

## The first equation for SPIRITUAL GRAVITY

$$(E + Hc)^2 - (E^2 + Hc^2) = \Delta S$$

Distortion minus coherence  
equals a change in suffering.

**ERNIE L. VECCHIO**  
Custodian of the  $\Delta S$  Formula

Presence as the collapse of distortion

The paper, titled “The Discovery and Formalization of  $\Delta S$ ,” introduces the following formula:



What saints and sages have  
intuited for millennia now  
has a mathematical spine.”

*Ernie L Vecchio*

$$(E + Hc)^2 - (E^2 + Hc^2) = \Delta S$$

(Distortion minus coherence equals a change in  
suffering.)

In this context:

E = Ego (the adaptive function)

Hc = Heart as compass (the integrative attractor)

$\Delta S$  = Change in suffering (the curvature between distortion and coherence)

“What saints and sages have intuited for millennia now has a mathematical spine,” says Vecchio. “This isn’t a belief system. It’s a measurable curvature in the psyche—revealing not only why we suffer, but how presence emerges when distortion dissolves.”

Vecchio’s work spans over 30 years of walking with individuals through trauma, awakening, and

transformation. What began as a clinical insight into recurring emotional patterns evolved into a philosophical framework of intentional evolution, culminating in what he calls the  $\Delta S$  formula for spiritual gravity.

The new white paper builds on the arc of his previously published works, including:

The Soul's Intent (2008)

The Astonishing Dream of JOB (2012)

Feelings and Reason (2020)

Galileo's Unfinished Lesson (2025)

Egosolarism (2025)

"Galileo proved that the Earth was not the center of the universe. What I've discovered is that the ego is not the center of the psyche," Vecchio says. "This paper is the Copernican shift of the inner world."

Available now on Zenodo as a fully open-access publication, the white paper explores the implications of  $\Delta S$  across clinical psychology, spiritual development, AI alignment, ethics, and systems theory. It also introduces the concept of inversion, where the formula is reordered to reflect presence, not just distortion:

$$\Delta S = (E + Hc)^2 - (E^2 + Hc^2)$$

(Presence as the collapse of distortion.)

This reframing, Vecchio argues, is not merely theoretical—it offers a unifying framework that bridges modern science, ancient wisdom, and the felt sense of being human.

Ernie Vecchio

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