

Asana Recovery Expands Sober Living in Orange County to Support Long-Term Recovery

Asana Recovery expands sober living homes in Orange County, providing structure, accountability, and support for lasting sobriety.

ORANGE COUNTY, MT, UNITED STATES, October 14, 2025 /EINPresswire.com/ -- Asana Recovery,

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Asana Recovery's mission has always been to help people achieve long-term sobriety.”

Mark Shandrow, CEO, Asana Recovery

a trusted leader in addiction treatment and recovery, is proud to announce the expansion of its sober living homes in Orange County. These programs provide individuals in early recovery with the structure, safety, and accountability they need to transition from treatment into independent living.

This expansion represents a significant investment in the Orange County recovery community and reflects Asana

Recovery's ongoing commitment to meeting the evolving needs of individuals and families affected by addiction.

The Growing Demand for [Sober Living in Orange County](#)

Addiction continues to affect families across Southern California, and sober living has become a critical part of recovery. The need for quality transitional housing has never been greater, as healthcare professionals recognize that the period immediately following formal treatment is one of the most vulnerable times in a person's recovery journey.

Sober homes provide more than just shelter—they offer accountability, reduce relapse risk, and foster peer connections. These transitional residences serve as a vital stepping stone, allowing individuals to practice recovery skills while gradually reintegrating into everyday life.

“Asana Recovery's mission has always been to help people achieve long-term sobriety,” said Mark Shandrow, CEO. “We saw a tremendous need for high-quality sober living in Orange County, so we built programs that combine accountability, comfort, and community support. Our expansion allows us to serve more individuals and families during this critical phase of recovery.”

Research shows that individuals who spend time in structured sober living environments are more likely to maintain sobriety, secure stable employment, and rebuild relationships. For many, Orange County sober living homes are the bridge between the structure of treatment and the freedom of independent life.

What Makes Asana Recovery's Sober Living Different

Asana Recovery sets itself apart by balancing safety, comfort, and accountability. Each sober living home is designed to create a supportive environment where residents can focus on recovery without outside distractions.

Features of Asana's Sober Living Homes:

- **Accountability:** Residents follow structured routines, curfews, and check-ins. Regular monitoring and house meetings reinforce responsibility and celebrate progress.
- **Peer Support:** Living among others in recovery fosters encouragement and natural accountability. Housemates become lasting sources of friendship and support.
- **Safe & Comfortable Housing:** Homes are modern, secure, and designed to feel like a place of healing, with comfortable furnishings, common areas, and wellness-focused amenities.
- **Community Access:** Locations are close to employment opportunities, schools, public transportation, and recovery meetings, making it easier for residents to build long-term support systems.

Whether someone is new to sobriety or continuing their recovery journey, Asana Recovery's sober living programs provide a foundation for lasting success.

Specialized Options in Orange County Sober Living

Recovery is not one-size-fits-all, and Asana has created specialized programs to meet diverse needs.

Couples Sober Living

For partners committed to sobriety together, Asana offers [couples sober living in Orange County](#). This program allows couples to remain together in recovery while maintaining accountability and structure. They share living space while participating in both individual and couples-focused activities, building healthy communication and strategies for supporting each other.

Learn more: [Couples Sober Living in Orange County](#)

Pet-Friendly Sober Living

Recognizing the importance of animal companionship, Asana also offers pet-friendly sober living. Pets provide comfort, reduce stress, and foster responsibility—making them powerful allies in recovery. By allowing residents to bring their pets, Asana removes a barrier to

transitional housing while enriching the recovery experience.

Learn more: [Pet-Friendly Sober Living in Orange County](#)

A Recovery-Focused Community

The success of sober living is measured not only in reduced relapse rates but in personal growth. Many clients find employment, reconnect with loved ones, and become active members of the recovery community.

One former resident explained, "Asana Recovery's sober living home gave me the time, support, and accountability I needed. Without that step, I wouldn't have been ready to live on my own. Today, I have stability, independence, and the confidence to stay sober."

By offering housing that prioritizes recovery, Asana strengthens both individuals and the broader Orange County community.

Why Choose Asana Recovery for Sober Living in Orange County?

- **Trusted Provider:** Years of experience in addiction treatment and recovery services.
- **Prime Locations:** Safe, convenient residences across Orange County.
- **Structured Recovery Environment:** Emphasis on accountability, peer support, and relapse prevention.
- **Specialized Options:** Couples and pet-friendly sober living available.
- **Commitment to Long-Term Sobriety:** Programs build independence, confidence, and lasting recovery.

For anyone searching for the best sober living in Orange County, Asana Recovery provides proven programs that help clients build a stable, sober life.

Learn More

To explore Asana Recovery's sober living options, visit:

- [Sober Living in Orange County](#)
- [Couples Sober Living in Orange County](#)
- [Pet-Friendly Sober Living in Orange County](#)

About Asana Recovery

Asana Recovery is a leading addiction treatment and recovery center located in Orange County, California. Offering detox, residential treatment, outpatient care, and sober living homes, Asana provides a full continuum of care tailored to each individual. Its mission is to empower clients with the tools, structure, and support needed to achieve lasting sobriety.

With a philosophy rooted in evidence-based treatment, compassionate care, and respect for every individual, Asana Recovery has helped thousands of people break free from addiction and build meaningful, productive lives. The organization remains committed to innovation, quality improvement, and expanding access to recovery services throughout Southern California.

Adam Shandrow

Asana Recovery

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