

# Missing Pieces Support Group Hosts 2nd Annual Life After Loss 5K & Fun Run in Honor of Pregnancy Loss Awareness Month

HOUSTON, TX, UNITED STATES, October 14, 2025 /EINPresswire.com/ -- [Missing Pieces Support Group](#) (MPSG), a nonprofit dedicated to supporting families affected by pregnancy and infant loss, invites the community to participate in the second annual [Life After Loss 5K](#) & Fun Run this October. The event honors Pregnancy Loss Awareness Month and provides a meaningful way for families and supporters to remember babies lost too soon.

“This race is a chance for pregnancy loss families to feel seen, honor their loss, find community and heal together,” said Jamilah Robinson, co-founder at MPSG. “Whether you’re walking in memory of your child, running to support a loved one or donating to our cause, you’re helping us break the silence and provide hope.”



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*Jamilah Robinson, co-founder  
at MPSG*

Taking place both in-person and virtually, the Life After Loss 5K is a powerful movement to raise awareness, foster connection and provide vital resources for grieving families. Proceeds from the event benefit MPSG programs, including care packages, emotional support and community outreach for those navigating the pain of pregnancy loss.

Event Details

What: Life After Loss 5K & 1K Fun Run

When: October 18, 2025

Where: Macgregor Park

Register:

<https://missingpiecessupportgroup.org/event/missing-pieces-support-group-life-after-loss-5k-fun-run/>

Participants can choose from the following race options:

5K Run/Walk – Chip-timed and open to all fitness levels

1K Fun Run/Walk – Family-friendly and perfect for kids

Virtual Challenge – Participate from anywhere during the month of October



All registrants will receive a finisher's medal, and in-person participants will also receive an event T-shirt (sizes YXS–2XL). Everyone is encouraged to wear pink and blue to show support for pregnancy and infant loss awareness.

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About Missing Pieces Support Group

Founded in 2023, Missing Pieces Support Group (MPSG) is a 501(c)(3) nonprofit organization that provides compassionate support, resources, and community for families grieving pregnancy and infant loss. Through outreach, care packages, and awareness campaigns, MPSG is committed to ensuring no one has to walk the path of loss alone. To learn more, donate, or get involved, visit <https://missingpiecessupportgroup.org>. Join the conversation using #MPSGLifeAfterLoss.

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