



Women in Logistics: Denise McConnell Continues to Build on a Half-Century Legacy at Pullen Moving Company

WOODBIDGE, VA, UNITED STATES, October 16, 2025 /EINPresswire.com/ -- In an industry traditionally dominated by men, Denise McConnell, owner and president of Pullen Moving Company, is redefining what leadership looks like in the world of women in logistics, transportation, and supply chain management.

Founded by James T. Pullen Sr. in 1968, Pullen Moving began as a small, family-run operation serving the growing communities of Northern Virginia. Nearly six decades later, McConnell — his daughter and a 40-year veteran of the business — has guided the company into a new era of modernization while preserving the values that made it one of the most trusted [Woodbridge movers](#).

"My father built this company on integrity, reliability, and care for our clients," McConnell said. "Carrying that forward as a second-generation leader — and as a woman in logistics — means proving every day that tradition and innovation can coexist."

Women Leading the Future of Transportation

Across the United States, the number of women in transportation and logistics leadership roles has grown steadily over the past decade. Yet, female ownership in moving and warehousing remains rare. McConnell's leadership stands out not only because she broke through gender barriers but because she continues to expand the company's impact through new technology, greener fleets, and improved client communication.

Pullen Moving now operates two modern warehouses in Woodbridge, Virginia, offering secure storage for household goods, office furniture, and industrial equipment. The company also manages a diversified fleet supporting local, long-distance, and international relocations.

A Family Business Success Story

Under McConnell's direction, Pullen Moving has become a case study in family business success stories — balancing legacy with forward-thinking management. She credits long-time staff members, some with decades of service, for maintaining the company's reputation for reliability.

"It's about people first," McConnell added. "Whether it's our team or our customers, everyone

who moves with us becomes part of the Pullen family.”

Women in Supply Chain and Warehousing

The company’s day-to-day operations also reflect broader shifts in the logistics sector. As more women in supply chain and women in warehousing take leadership roles nationwide, Pullen Moving has invested in advanced inventory systems, climate-controlled storage, and staff training that emphasize precision and accountability.

These improvements ensure that both residential and commercial clients — from homeowners to government agencies — receive seamless, end-to-end service from trusted [movers](#) [Woodbridge](#) who understand the demands of a fast-moving world.

Continuing a Legacy of Excellence

Now celebrating over 55 years in business, Pullen Moving Company remains a proud member of the American Trucking Association’s Moving and Storage Conference, the International Association of Movers, and the Virginia Movers and Warehousemen’s Association.

As McConnell looks toward the company’s next chapter, her focus remains clear: empowering her team, serving clients with integrity, and inspiring the next generation of women to pursue careers in logistics.

About Pullen Moving Company

Founded in 1968 and headquartered in Woodbridge, VA, Pullen Moving Company provides local, long-distance, and international moving and storage services for residential, commercial, and government clients. The company owns and operates two secure warehouses and a modern fleet serving Northern Virginia and beyond.

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