

Movement is Life Announces Final Push for Summit Registration, Hotel Block Closes Soon

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With fewer than 30 days until the 2025
[Movement is Life Annual Health
Summit](#), registration is closing fast and
hotel room blocks are nearly sold out.



Stakeholders, clinicians, community leaders, researchers, and funders are encouraged to secure their spots and lodging now to ensure full participation in this vital convening.

The Summit is scheduled for November 14, 2025, at The Westin Alexandria Old Town. The theme this year—"Combating Disparities: The Power of Movement in Community"—places focus on bridging gaps in mobility, preventing joint damage, and advancing health equity through movement-based interventions.

"As we approach the final countdown, our goal is to host a powerful, dynamic convening that brings ideas, evidence, and community action together," said Danielle Hilliker, Executive Director of Movement is Life. "If you plan to attend, now is the moment to register - our hotel block is almost full and logistical options are shrinking."

Key Highlights & Opportunities

Engaging Keynotes & Panels — National and community voices across clinical care, population health, philanthropy, and innovation

Research & Community Posters — Showcasing local programs, evidence, and impact in movement, joint health, and equity

PowHer Pitch Finals — Featuring women-led, health-based solutions. Prizes include \$7,500 (1st), \$5,000 (2nd), and \$2,500 (3rd)

Networking — Designed to connect thinkers to doers, ideas to action

Sponsorship & Visibility — Last chance to join this high-impact event as a sponsor or partner

Deadlines / Action Items

[Summit Registration: Closes on November 13, 2025](#)

[Hotel Block: Discounted rooms available through October 20, 2025](#)

Sponsorship Packages: Limited availability; contact us immediately for last-minute inclusion

Who Should Attend

Clinicians, therapists, and care teams focused on mobility, pain, and rehabilitation

Community organizations and program leaders scaling movement-based interventions

Health systems, payers, and benefits leaders integrating functional health into care models

Researchers, students, and innovators bridging movement, health equity, and community action

Funders, philanthropies, and policy leaders seeking to catalyze scalable solutions

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