

## Snellings Injury Law highlights education and early detection in support of Breast Cancer Awareness Month

Empowering the community with education, prevention tips and support during Breast Cancer Awareness Month.

FRISCO, TX, UNITED STATES, October 20, 2025 /EINPresswire.com/ -- October is Breast Cancer Awareness Month, and the team at Snellings Injury Law is calling on North Texas residents to join the fight by focusing on education, early detection and community support. The firm, rooted in the region and passionate about community wellness, is using its platform to raise awareness and share life-saving resources.



"Breast cancer touches so many families right here in North Texas," said founding attorney Scott Snellings. "As a firm that is rooted in this community, we believe awareness and education can



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Safety and prevention tips

To support the community, Snellings Injury Law is sharing key recommendations:

- Schedule regular screenings Mammograms and selfexams are vital for early detection.
- $\boldsymbol{-}$  Know your risk factors  $\boldsymbol{-}$  Understanding family history,

lifestyle choices and genetic markers can guide prevention.

— Prioritize healthy habits — Maintaining a balanced diet, regular exercise and avoiding tobacco all reduce risk.

— Support survivors and caregivers — Community, compassion and connection strengthen the fight against breast cancer.

## Love for Community

Snellings Injury Law believes its role extends beyond the courtroom. The firm is dedicated to building a safer, healthier North Texas by championing initiatives that prioritize awareness, education and proactive care. By sharing preventative resources and encouraging regular screenings, the team aims to empower families to take charge of their health and stand together in the fight against breast cancer through the month of October.

## Resources for families

For more information and support, the firm encourages families to connect with trusted organizations such as the <u>National Breast Cancer Foundation</u> and local screening programs in North Texas (<u>Moncrief Cancer Institute</u>, and <u>Mobile Health − Wellness for Life™</u>). Snellings Injury Law urges everyone to use this month as a reminder to prioritize their health, encourage loved ones to get checked and help spread awareness.

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