

Influential Women Recognize Avia Johnson for Her Dedication to Quality Assurance and Human Services

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Bridging Technical Precision and
Human Connection in Life Sciences
and Beyond

Influential Women proudly recognizes Avia Johnson in its prestigious 2025 series, celebrating her as a dedicated Quality Assurance professional whose work exemplifies precision, integrity, and compassion. With a strong record in the life sciences, medical device, and clinical drug industries, Avia has built her career on upholding excellence and compliance while never losing sight of the human impact behind every product and process.



As Quality Coordinator at Thermo Fisher Scientific, Avia plays an essential role in maintaining the highest standards of safety and quality. Her work ensures that every product meets rigorous regulatory requirements and supports the company's mission to enable its customers to make the world healthier, cleaner, and safer. Specializing in Good Manufacturing Practice (GMP) and batch release procedures, she combines technical expertise with a deep sense of responsibility to patient well-being. Her commitment to accuracy and consistency is vital in ensuring that life-saving products reach those who need them most.

Before joining Thermo Fisher Scientific, Avia developed her skills and attention to detail through previous roles at Envista Holdings Corporation as a Quality Control Inspector and at B. Braun Medical Inc. as a Quality Control Specialist. In both positions, she was instrumental in verifying that products met strict quality standards and were safe for use. These experiences deepened her understanding of process optimization and strengthened her dedication to teamwork and

accountability—two qualities she believes are central to success in any quality-driven industry.

Beyond her technical expertise, Avia holds an Associate's Degree in Human Services from Lehigh Carbon Community College, an education that uniquely complements her scientific background. The combination of human understanding and analytical precision defines her professional approach. She believes that quality assurance is not only about systems and standards but also about people—those who make the products and those whose lives are improved by them. This people-centered mindset drives her to foster collaboration and empathy in every professional setting.

Avia attributes her success to two core principles: patience and hard work. Patience allows her to approach challenges with a calm and thoughtful mindset, staying committed to long-term goals even when progress takes time. Hard work, on the other hand, ensures that she consistently delivers high-quality results and continues to grow in her profession. Together, these traits form the foundation of her success and her ability to excel in both quality assurance and human services.

The best career advice Avia has received is to focus on the process, not just the final product. In quality control, she believes that consistently checking each step helps identify potential issues early and prevent costly defects later on. Clear standards, strong attention to detail, and open communication with her team are essential elements she relies on to maintain excellence and improve efficiency.

In human services, the advice that guides her most is to listen first and act second. Avia understands that truly helping someone begins with empathy, patience, and respect. Building trust, maintaining clear boundaries, and staying committed to helping others without judgment are at the heart of how she approaches her work. She believes that meaningful impact comes from understanding people deeply and responding with compassion and professionalism.

For young women entering the quality industry, Avia encourages confidence and curiosity. She advises them to trust their attention to detail, speak up when something feels off, and never stop learning. "Quality is about more than checking for errors—it's about improving systems and making things better for everyone," she often says. She believes young professionals should not hesitate to ask questions, challenge processes, or suggest new ideas, as their voices and perspectives bring valuable innovation. Consistency, integrity, and critical thinking, she notes, are the cornerstones of success in this field.

When speaking to women in the human services sector, Avia emphasizes the importance of knowing one's value and setting healthy boundaries. "Lead with empathy but not self-sacrifice," she advises. The work is meaningful but can be emotionally taxing, so self-care is essential. She encourages women to speak up, take on leadership roles, and build strong support networks through mentorship and collaboration. Trusting one's instincts, advocating for clients, and continuing to learn are key to both personal and professional fulfillment.

Avia recognizes several major challenges in her field. In quality assurance, keeping pace with rapid technological change, managing complex systems, and balancing efficiency with thoroughness remain ongoing demands. In human services, she notes that heavy caseloads, emotional burnout, and limited resources pose constant challenges. Still, she views these obstacles as opportunities—to innovate, to strengthen teamwork, and to find new ways to make a difference.

The values most important to Avia in both her professional and personal life are family, compassion, and service to others. Deeply committed to community involvement, she volunteers her time supporting women's shelters and mental health initiatives. Her dedication stems from a belief in creating safe spaces and opportunities for those in need. Above all, her children are her greatest source of inspiration, motivating her to lead with integrity, empathy, and resilience—values that shape every aspect of her work and life.

Learn More about Avia Johnson:

Through her Influential Women profile, <https://influentialwomen.com/connect/avia-johnson>

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