

Bold New Book Challenges Justice System Norms and Calls for Revolutionary Change

Ron Da Costa's "The Pains of Adjustment" Sparks Conversations on Intentional Prevention and Reform

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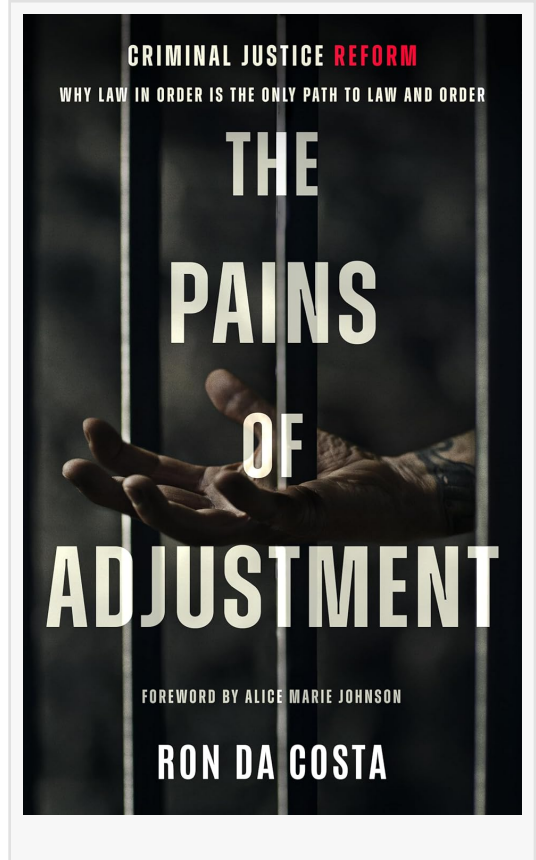
-- Renowned thought leader Ron Da Costa has released his groundbreaking book, "The Pains of Adjustment," an expository work of nonfiction that boldly examines the systemic challenges within the criminal justice system. With a foreword by Alice Marie Johnson, the 463-page book demands a reimagining of justice through intentional actions and equitable solutions.

Da Costa's fearless exploration exposes the conflicts of interest inherent in humanity's judgment of one another, spotlighting the myths surrounding self-recusal and the fragile balance between loyalty and honor. Through bold storytelling rooted in real-world experiences across more than 60 countries, Da Costa dismantles "paper tiger theories" and proposes solutions that challenge the status quo while remaining honest about their associated difficulties.

"I learned that denial gets you nowhere," Da Costa states, reflecting on the risks he took to document the realities of punishment and discipline. By fostering a deeper understanding of prevention and purpose-driven incarceration, "The Pains of Adjustment" implores readers to confront their biases and take actionable steps toward lasting change.

Adjectives such as "shocking," "revolutionary," and "empowering" encapsulate the essence of this book, which defies conventional thinking to inspire reform. It is a must-read for anyone seeking innovative perspectives in criminal justice reform, behavior, prevention, and redemption.

Join the conversation, challenge your understanding, and explore how law in order is the first step to achieving true law and order.



"The Pains of Adjustment" (ISBN: 9781962987820) can be purchased through retailers worldwide, including Amazon and Barnes & Noble. The paperback retails for \$32.99, and The eBook retails for \$7.99. Review copies and interviews with the author are available upon request.

Learn more at www.rondacosta.com.

[Purchase the book on Amazon.](#)

From the Back Cover:

Criminal justice reform is inevitable; yet the public remains stoic, even complacent. It has been deformed and contorted through political fearmongering. This unjustly targets and exploits justice-impacted persons by predisposing them to heinous political agendas and profitable commercial schemes.

True reform requires no procrastination. We must acknowledge that community preemptive programs are vital. We should not incarcerate out of mere retaliatory emotional responses or pure detestation. This obligates us to put a face (not a façade) on Criminal Justice Reform to ensure the optimum efficacy of incarceration. Generating this expectation of the prison system is critical and must be methodical. Hence, we should question the purpose of prisons and consider, instead, prisons with a purpose.

My work in Denmark was contentious. Several systems worldwide seem to shroud the solutions they claim to provide, thus forfeiting regeneration. Drawing on my extensive experience with marginalized groups and prison work, I have identified proactive solutions that are both effective and transformative.

We must elevate the "expectation effect" of reform, transforming it from a fear-driven force into a tool that enhances lives and justice globally. The current ramifications abandon the original intent of seeking justice for victims and their families. I acknowledge that there are people who commit serious crimes, but it is also true that elevated criminal justice reform practices result in altered behaviors, mindsets, and humane justice outcomes, thereby elevating society from the bottom up.

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Michelle VanSledright
MindStir Media LLC
+1 800-767-0531

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