

Central Coast VNA & Hospice Expands Community Focus Amid Rising Demand for In-Home End-of-Life Care

More families on California's Central Coast are turning to trusted home-based care as awareness of hospice benefits grows.

MONTEREY, CA, UNITED STATES,
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-- Central Coast VNA & Hospice, a
nonprofit home healthcare provider
serving Monterey, San Benito, Santa
Cruz, and South Santa Clara Counties,
is strengthening its outreach and
service accessibility in response to
growing interest in home-based
hospice and palliative care. This



Central Coast VNA & Hospice

announcement comes at a time when national utilization rates for hospice are rising, and families are seeking more compassionate, locally rooted care options.

With more than 74 years of service to the region, Central Coast VNA & Hospice continues to



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Jane Russo

provide expert, interdisciplinary care in the comfort of patients' homes and residential facilities. Its team-based approach integrates skilled nursing, medical oversight, social work, emotional and spiritual counseling, and practical family support—ensuring dignity and comfort through every stage of serious illness.

"Many families are now recognizing that hospice care isn't

just for the final days," said Jane Russo, CEO of Central Coast VNA & Hospice. "It's about improving quality of life for as long as possible at home, surrounded by loved ones. We're here to guide them with clarity, compassion, and experience."

Meeting a Community Need

Industry trends show a meaningful shift: more than 49% of Medicare beneficiaries who passed away in 2022 received hospice care a notable increase after years of stagnation. However, studies also indicate that up to 60% of those who could benefit from hospice or palliative care still aren't accessing it early enough. Locally, this reflects a growing need for education and outreach to ensure families understand their options before a crisis point.

In response, Central Coast VNA & Hospice has focused on:

- Enhancing its bilingual communications and website accessibility to better serve Spanishspeaking families.
- Expanding the visibility of its 24/7 hospice support, which includes same-day admissions and on-call clinician availability.
- Increasing community education through digital channels, short-form videos, and social media engagement aiming to demystify hospice and encourage earlier care decisions.

Care Designed Around Patients and Families

VNA's hospice program includes not only medical care and symptom management, but also emotional and spiritual services tailored to each family's needs. Patients receive care from a collaborative team that may include:

- Hospice physicians and nurse practitioners
- Registered and vocational nurses
- Licensed social workers and chaplains
- Home health aides and trained volunteers
- Bereavement specialists for family support

Families also have access to counseling, caregiver education, and volunteer support such as pet therapy, music therapy, and veteran-to-veteran companionship.

This holistic model is designed to reduce unnecessary hospitalizations and help families spend more meaningful time together, with peace of mind knowing their loved one is being cared for by a dedicated, experienced team.

A Trusted Local Resource

While many hospice providers are consolidating under larger networks, Central Coast VNA & Hospice remains an independent nonprofit. Its longstanding community presence and focus on patient-centered care distinguish it from corporate models, allowing for deeper connections and continuity.

Across the Central Coast, families are increasingly looking for care providers who are not only medically excellent but also personally invested in their communities. Central Coast VNA & Hospice's commitment to local service, cultural inclusivity, and caregiver support positions it as a reliable ally during some of life's most difficult moments.

For more information, visit www.ccvna.com or contact info@ccvna.com

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About Central Coast VNA & Hospice

Central Coast VNA & Hospice is a nonprofit healthcare organization providing hospice, home health, and community wellness services across Monterey County and surrounding areas. Its interdisciplinary teams deliver trusted, in-home care to support individuals and families with dignity and compassion.

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