

Mark Savaya Acknowledges Expanding Research Focus on Plant-Based Medicine

DETROIT, MI, UNITED STATES, October 28, 2025 /EINPresswire.com/ -- Michigan wellness advocate Mark Savaya has highlighted the ongoing public and scientific interest in plant-based medicine, including regulated cannabis use. His interest stems from observing how individuals, under medical supervision, have integrated plant-derived therapies into broader wellness approaches.

In recent years, leading research institutions have explored the potential therapeutic properties of certain cannabis compounds. Yale University researchers have examined non-intoxicating cannabinoids for their possible role in managing chronic pain, while noting that more evidence is needed to determine their safety and effectiveness in humans [\[1\]](#).

Broader public health research also reflects a growing shift in perceptions. A federally funded study published in the Journal of the American Medical Association (JAMA) found correlations between states with medical cannabis laws and a reduction in prescribed opioid dosages, though the authors cautioned that causality could not be confirmed and more controlled research is needed [\[2\]](#).

Savaya has expressed that these developments highlight the importance of continued, evidence-based research into plant-derived compounds and responsible public education. His focus remains on promoting informed dialogue around wellness innovations supported by scientific inquiry and regulatory oversight.

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