

Breezy Mental Health Opens New St. Petersburg Office, Bringing Warm, Accessible Psychiatric Care to the Community

Now offering in-person psychiatric services in St. Petersburg, plus secure telehealth care statewide for ADHD, anxiety, depression, bipolar disorders, and more.

ST. PETERSBURG, FL, UNITED STATES, October 28, 2025 /EINPresswire.com/ -- Breezy Mental Health, led by David Newby, APRN, PMHNP BC, founder and lead psychiatric nurse practitioner, is proud to announce the opening of its new office located at 9400 4th St N, Ste 110, St. Petersburg, Florida 33702. The practice has earned over 150 five star reviews online from patients across Florida, a reflection of the compassionate care David Newby, APRN provides.

“

My focus is on listening & providing collaborative psychiatric care in St. Petersburg & across Florida. Our new office offers a comfortable space for local patients & continued support for telehealth.”

David Newby, APRN

The new office provides a welcoming environment for [in-person psychiatric care in St. Petersburg](#), while Breezy Mental Health continues to serve patients throughout Florida through secure telehealth appointments.

Specializing in [psychiatric evaluation](#) and [medication management](#) for adults with ADHD, anxiety, depression, bipolar disorder, PTSD, OCD, and psychotic disorders, Breezy Mental Health is known for its compassionate, collaborative approach to care focusing on patients to feel heard.

Since its founding in June 2024, Breezy Mental Health has been dedicated to making mental health care more accessible, approachable, and stigma-free. The opening of the St. Petersburg office reflects the practice's continued growth and commitment to providing personalized psychiatric care that helps patients feel seen, understood, and supported.

Breezy Mental Health accepts several major insurance plans, including Aetna, Cigna, Florida Blue, BlueCross BlueShield, UMR, UnitedHealthcare, Oscar, Oxford, and Optum.

For more information or to schedule an appointment, visit www.breezymentalhealth.com or call 727-308-3338.

Breezy Mental Health

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David Newby, APRN – specializing in ADHD, anxiety, depression, and medication management for adults

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