

Dr. John Zielonka Completes National Spinal Decompression Certification Program Among World's Leading Spine Experts

Life University continues to be at the forefront of spinal research by hosting the prestigious National Spinal Decompression Certification Program

OTTAWA, ONTARIO, CANADA, November 3, 2025 /EINPresswire.com/ -- [Dr. John Zielonka](#), one of Canada's most trusted health and wellness experts and an 18-time award-winning Neuro-Functional Chiropractor, has just returned from Jupiter, Florida, after attending and receiving certification at the prestigious National Spinal Decompression Certification Program.

This comprehensive certification is the only one of its kind in the world. Founded by Life University - a global leader in spinal research and non-surgical approaches to true health, it brought together some of the most respected chiropractors, medical doctors, orthopedic surgeons, neurosurgeons, and neuroradiologists in the world. The program represents the highest level of clinical training in advanced spinal decompression, highlighting the latest breakthroughs, patient-care protocols, and evidence-based approaches for serious [chronic back and neck conditions](#).



Dr. John Zielonka



Non-Surgical Robotic Laser Spinal Decompression

Dr. Zielonka's participation further strengthens his leadership in non-surgical spinal care—and aligns with his clinic's long-standing reputation for innovation.

Ottawa's Only [Non-Surgical Robotic Laser Spinal Decompression](#) Clinic

Dr. Zielonka's clinic, the Ottawa Chiropractic & Natural Health Centre, remains the only clinic in Ottawa offering Non-Surgical Robotic Laser Spinal Decompression—a breakthrough, science-based technology combining true spinal decompression with Class IV robotic deep-tissue laser.



Robotic Laser Spinal Decompression Treatment

This patented system is one of the most advanced in the world, with only 12 clinics globally that provide this healthcare technology. It is a cornerstone of Dr. Zielonka's Signature Neuro-Spinal Restoration Program, designed for patients suffering from the most severe and chronic forms of back and neck pain, including:

“

Attending this certification with such a distinguished group of spine experts reinforces the importance of staying at the forefront of technology and clinical excellence,”

Dr. John Zielonka

Disc herniations

Disc bulges

Degenerative disc disease

Osteoarthritis

Sciatica

Spinal stenosis

Spondylolisthesis

Compression injuries

Post-surgical pain

Life-Changing Results for Patients Who Thought All Options Were Exhausted

The clinic continues to see extraordinary outcomes, often with patients who had previously been told they had “no options left,” including many who had tried traditional chiropractic care, physiotherapy, injections, and even surgery.

Patients consistently report:

Significant pain reduction

Restored mobility

Renewed confidence in daily activities

Improved sleep and emotional wellbeing

Freedom from chronic pain cycles

The clinic has even helped multiple individuals who had previously been approved for MAID (Medical Assistance in Dying) due to unbearable chronic pain—patients who are now off the list and living life again with hope, function, and renewed health.

A Continued Commitment to Excellence in Spinal Care

“Attending this certification with such a distinguished group of spine experts reinforces the importance of staying at the forefront of technology and clinical excellence,” said Dr. John Zielonka. “Our responsibility is to provide the very best care to those suffering from debilitating pain—especially those who thought they had run out of options. The results we see every day continue to be nothing short of life-changing.”

The Ottawa Chiropractic & Natural Health Centre has served the community since 1995 and continues its mission to deliver the most advanced, effective, and compassionate spinal care in Canada.

Media Contact:

Ottawa Chiropractic & Natural Health Centre

111 Albert Street, Ottawa, ON

World Exchange Plaza

Phone: (613) 688-1036

www.excellenceinhealth.com

Dr. John Zielonka

OCNHC

+1 613-688-1036

[email us here](#)

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