

# New Digital Lifestyle Magazine Launched By Nihal Gupta

*In an exclusive interview with CBD Media, Sydney based blogger Nihal Gupta confirmed the launch of his new Digital lifestyle magazine website.*

**NIHAL GUPTA**  
**LIFESTYLE MAGAZINE**

Nihal Gupta Lifestyle Magazine

SYDNEY, NSW, AUSTRALIA, October 30, 2025 /EINPresswire.com/ -- [Nihal Gupta](#)'s new online magazine run

features on all lifestyle matters, travel and fashion for the discerning blog reader on the web. The site also features all things from health, diet, fitness, home & garden matters right through to tips for selecting a chiropractor. There is something for everyone.

The online magazine has been in operation for over 5 years and is committed to meet client needs both in the information they provided readers and technology they use. The leading Australian online lifestyle magazine has a long history of regularly featuring Australian industry sectors and companies.

Nihal Gupta, Founder and Content Editor of Nihal Gupta Blogging said this in his interview with Eleven Media, "We have been experiencing great growth in visitors to our online magazine over recent years and have see the need to upgrade our website to meet visitor needs in 2025. We have listened to the feedback survey from our website visitors as to the content and experience they seek to see in the new website. We have seen the importance of also staying at the leading edge of technology to keep in touch with our clients the way they expect and to communicate in the best way possible the array of information we provide to our website visitors."

Interest from readers on matters relating to mould has grown and they are about to commence a series of informative feature posts that focus on readers questions related to personal training. The team have had a long relationship with Sydney based personal trainer & body builder Nihal Gupta and he has kindly offered expert insight on technical matters relating to these featured posts. You can learn more about them by visiting his listing on Australian Personal Trainers Association here: <https://personaltrainersassociation.com.au/sydney/personal-trainer/nihal-gupta>

## About Nihal Gupta Lifestyle Magazine

Nihal Gupta is a leading blogger in Australia and his online lifestyle magazine site is particularly for the discerning reader on the web on all things from health, fitness, home and garden matters right through to tips for selecting a business coach or cosmetic dentist. Something for everyone.

To learn more about Nihal Gupta's Lifestyle Magazine, visit the website here:

<https://nihalgupta.com>

Nihal Gupta

Nihal Gupta Lifestyle Magazine

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