

Chicago Boxer and Police Officer Mario Herrera Announces Return to Training After Injury

Undefeated boxer & active Chicago police officer Mario Herrera confirms return to training for 2025, continuing his mission to balance service, faith, and sport

CHICAGO, IL, UNITED STATES, October 30, 2025 /EINPresswire.com/ -- [Mario Herrera](#), an undefeated Chicago-based professional boxer and active police officer, has announced his full return to training following recovery from a head injury earlier this year. Representing Casa De Boxeo LLC, Herrera says he's focused on maintaining the same discipline that helped him reach a 9-0-1 record with seven knockouts — while continuing to serve his community in uniform.



Mario Herrera — Chicago police officer and undefeated boxer

"Faith keeps me grounded," Herrera said. "Whether I'm in the ring or on patrol, I remind myself that purpose matters more than pressure."

Herrera, who competes as a super middleweight, has become known for his pressure-fighting style and ability to remain composed under fire. His 2025 training return marks the next phase of a career that has made him one of Chicago's most disciplined and respected dual professionals — both as an athlete and as a public servant.

Coach Fernando Perez, who has trained Herrera since his amateur years, says the focus this season is on technical precision and consistency. "Mario's strength isn't just his power," Perez said. "It's his patience. He brings the same composure to the ring that he does to his patrol duties." Herrera's journey into boxing began when his mother enrolled him in self-defense classes as a child. That introduction led him to Perez, who saw potential in his natural toughness and molded it into a skillset that later earned him a Golden Gloves championship and a successful professional career.

“Mario represents what Chicago is about — discipline, loyalty, and heart,” said Alexis Pappas, Co-Owner of Casa De Boxeo LLC and Herrera’s manager. “His return to training shows that focus and faith can overcome any setback.”

Off duty, Herrera dedicates time to Casa De Boxeo’s youth mentorship programs, teaching young athletes that boxing can serve as a foundation for confidence, respect, and self-control. “I want the next generation to see that you can fight for something positive,” Herrera said. “It’s not just about the win — it’s about who you become in the process.”

As Herrera prepares for a potential 2026 fight announcement, his message remains rooted in faith and perseverance: serve with honor, train with discipline, and believe that purpose beats pressure.

Casa De Boxeo Media Relations

Casa De Boxeo LLC

+1 312-536-5370

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