

Pharmacist Corey Dolan Shares Bioidentical Hormone Therapy Expertise with HelloNation

How can patients make sure their hormone therapy is tailored to their specific needs?

PEORIA, IL, UNITED STATES, November 7, 2025 /EINPresswire.com/ -- How can patients make

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Bioidentical hormones can be compounded into formats like creams, capsules, or troches, depending on what suits your body best.”

*Corey Dolan, co-owner of
Preckshot Professional
Pharmacy*

sure their hormone therapy is tailored to their specific needs? That question is addressed by compounding pharmacist Corey Dolan in a recent [HelloNation](#) article, where he discusses the role of bioidentical hormone therapy and the advantages of customized delivery methods. Dolan, co-owner of Preckshot Professional Pharmacy in Peoria, Illinois, explains how compounded hormone options can be tailored to each patient’s body chemistry, thereby enhancing hormone absorption and improving overall treatment success.

Bioidentical hormone therapy uses hormones that are chemically identical to those naturally produced by the human body. But Dolan emphasizes that delivering those hormones in the proper form is just as crucial as the hormones themselves. From creams and capsules to troches that dissolve under the tongue, compounded hormone options allow pharmacists to tailor the delivery method to meet each individual’s needs and preferences. This flexibility helps ensure that patients experience steady and predictable hormone absorption, as well as consistent symptom relief over time.

Each prescription is custom-made by a compounding pharmacist using USP hormones, which meet strict quality standards. Dolan points out that these formulations are not mass-produced or readily available off the shelf. Instead, they are prepared to tailor their approach to each patient’s unique metabolism, lifestyle, and health history. This personalized hormone treatment process begins with asking the right questions—how the body reacts to certain ingredients, what type of delivery method is preferred, and which options will support the patient’s long-term health.

The article explains that the delivery base used for hormone therapy plays a direct role in how hormones are absorbed and how effective they are. For some individuals, topical creams may be

the best route due to ease of use and steady absorption into the bloodstream. Others may benefit more from capsules, which align with digestive patterns, or troches, which facilitate rapid hormone uptake through the oral mucosa. By carefully selecting the delivery format, pharmacists can help patients maintain better hormone balance throughout treatment.

In addition to the compounded hormones themselves, hormone balance supplements may be recommended to support better therapeutic results. Dolan notes that these supplements can help improve the body's ability to metabolize and regulate hormones as levels shift.

Whether the goal is to alleviate menopause symptoms, support thyroid function, or manage adrenal health, supplementing with the proper nutrients can enhance the effectiveness of bioidentical hormone therapy.

The article highlights that no two people respond to hormone therapy in the same way. Personalized hormone treatment accounts for these differences, helping patients avoid common problems such as inconsistent symptom relief or poor absorption. By partnering with an experienced compounding pharmacist and focusing on custom-made prescriptions using USP hormones, patients can not only improve their overall well-being but also enhance the effectiveness of their treatment over time.

Dolan concludes that the true strength of compounded hormone options lies in their adaptability. With a personalized approach to hormone therapy that considers absorption, delivery method, and individual biology, patients are more likely to achieve better, more lasting results. This level of customization is significant for those who haven't found success with traditional, one-size-fits-all hormone treatments.

The full article, [Customizing Bioidentical Hormone Therapy for Your Body](#), appears in HelloNation.

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Corey Dolan

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