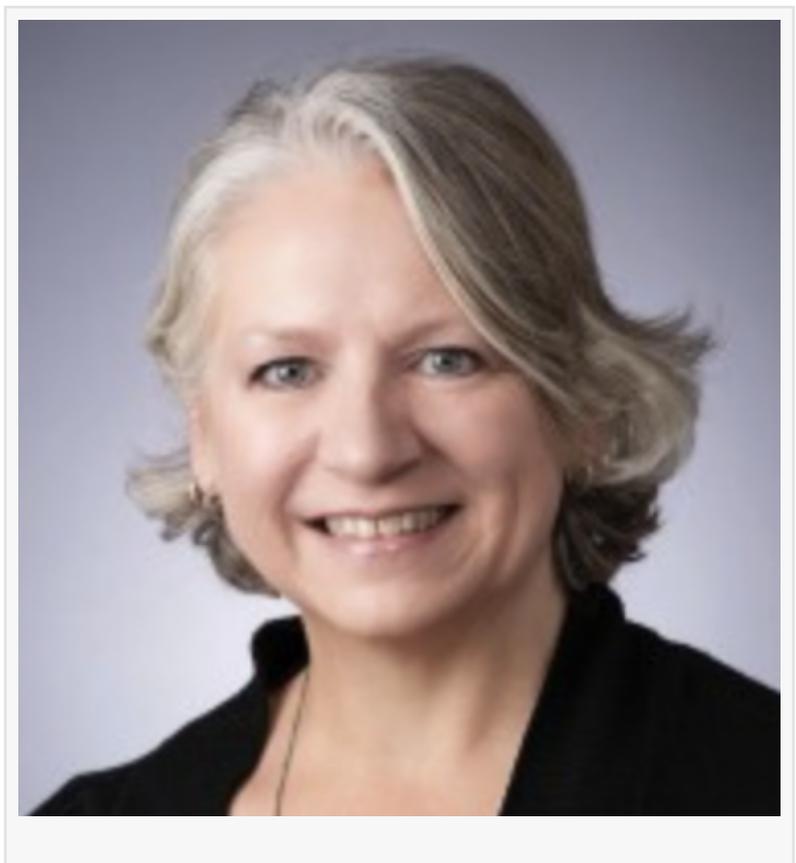


Influential Women Highlights Michele Tyring: Independent Certified Optavia Coach in Indianapolis, Indiana

INDIANAPOLIS, IN, UNITED STATES,
November 7, 2025 /EINPresswire.com/ --
Celebrating a Career Dedicated to Health,
Wellness, and Empowerment

Influential Women is thrilled to announce the inclusion of Michele Tyring in its esteemed 2025 recognition series as an Independent Certified Optavia Coach based in Indianapolis, Indiana. Michele has devoted over three decades to the nursing profession, specializing in endoscopy and earning her designation as a Certified Gastroenterology Registered Nurse (CGRN). Her extensive medical expertise is complemented by her roles as a parish/faith community nurse, coordinator, Stephen Minister, and Healing Touch practitioner.



Michele's commitment to holistic health and wellness led her to transition into coaching in 2021, where she has been making significant strides in helping clients achieve sustainable lifestyle changes through nutrition, fitness, and personalized support. By integrating her vast nursing knowledge with a compassionate, client-centered approach, Michele empowers individuals to embrace healthier, more balanced lives, positioning her as a beacon of inspiration in the health and wellness community.

A proud graduate of the University of Indianapolis, Michele holds a Master of Science in Nursing Education, which has only deepened her passion for education and mentoring. As a health and wellness coach, she remains devoted to fostering long-term well-being and inspiring transformative changes within her community.

Michele's journey has not gone unnoticed, as she has received several prestigious accolades,

including the ERCP Person of the Year and the Distinguished Nurse Award. These honors are a testament to her unwavering dedication, resilience, and commitment to excellence. A firm believer in the power of hard work and mentorship, Michele inspires young women entering her industry to seek guidance and embrace new opportunities.

Currently, Michele faces the challenge of expanding her reach to connect with more individuals seeking her coaching services. However, she views this challenge as an opportunity for growth, exploring innovative marketing strategies to enhance her impact.

At the heart of Michele's mission is a genuine desire to make a meaningful difference in the lives of others. Her values of hard work and compassion drive her to create positive change both in her professional endeavors and personal life.

Through her Influential Women profile, <https://influentialwomen.com/connect/michele-tyring>

Influential Women

Influential Women provides a platform where women from all backgrounds can connect, share their perspectives, and create content that empowers themselves and others. Through storytelling, thought leadership, and creative expression, Influential Women amplifies voices that inspire change.

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Influential Women

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