

Women's Empowerment and Safety Tips Ebook, Poised and Prepared, FREE for 5 days on All Amazon Marketplaces from Nov 9–13

Poised and Prepared: Personal Safety Tips to Empower Every Woman is ready for a 5-day free ebook sale on all Amazon markets from November 9 -13, 2025 (Pacific).

HOUSTON, TX, UNITED STATES, November 10, 2025
/EINPresswire.com/ -- Title: Poised and Prepared: Personal Safety Tips to Empower Every Woman — Free Ebook Available November 9–13, 2025

The book, *Poised and Prepared: Personal Safety Tips to Empower Every Woman*, by Balaka Ghosal, brings together personal stories, folktales, and practical advice to explore women's safety across cultural contexts.

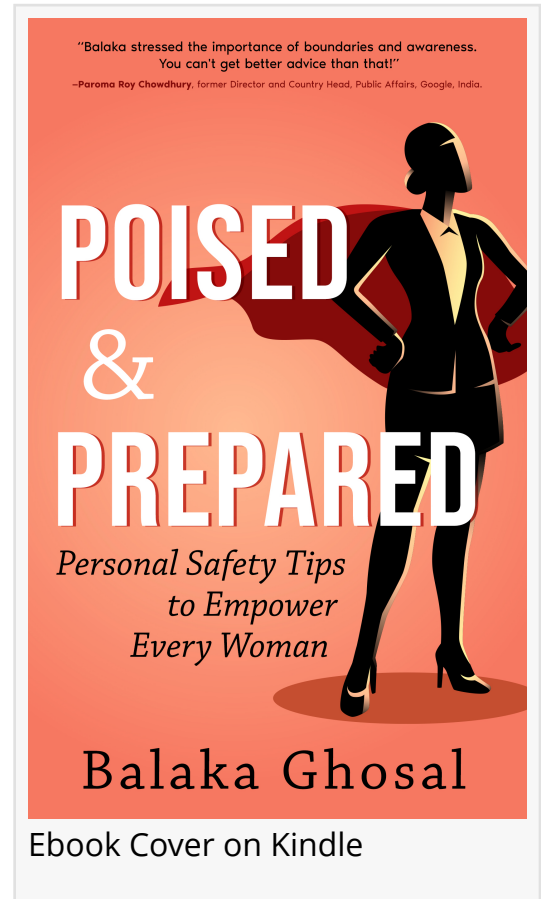
A five-day free ebook availability period will run on all Amazon marketplaces from November 9 to November 13, 2025 (midnight to midnight, Pacific Time).

Universal link: <https://www.amazon.com/dp/B0FKTFZ4CZ>

The book is organized into three sections. The first part covers the need for awareness to prevent threatening situations. Part 2, the "Low-Hanging Fruits", offers a variety of protocols for different settings of life such as safety at home, on the streets and at the workplace, travel safety, and online privacy. Part 3, named "The Slow-Growing Fruits" expands from personal habits to collective responsibilities of communities, personal boundaries, and confidence-building. Each section has checklists and real-life anecdotes illustrating everyday applications of safety principles.

With public discourse increasingly focused on gender safety and autonomy, *Poised and Prepared* provides accessible, cross-cultural strategies for managing personal security in daily life and while traveling.

The book currently holds a 4.9-star rating from readers on Amazon. Reviewers have described it as "insightful," "practical," and "engaging."



About the Author

Balaka Ghosal is a writer and advocate for women's safety and sustainable living. Sharing her time between USA and India, she combines insights from personal experience and social observation to create resources that promote awareness, responsibility, and resilience.

Availability

The ebook version of Poised and Prepared will be free for download worldwide on Amazon from November 9–13, 2025.

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