

Rising Concern Over Rat Lungworm Disease Spurs Calls for Professional Rodent Management

Tom's Pest Control Sydney warns residents of NSW about the growing health and financial risks posed by rodent infestations carrying rat lungworm disease.

SYDNEY, NSW, AUSTRALIA, November 26, 2025 /EINPresswire.com/ -- Sydney's expanding urban landscape has created a perfect storm for rodents. Continuous construction, overflowing bins, and warm weather have given rats and mice the ideal conditions to multiply. They are invading homes, warehouses, and restaurants at record rates. Experts at Tom's [Pest Control Sydney](#) now warn these infestations are not only damaging property but also increasing public health risks. One disease, in particular, is drawing concern—rat lungworm.



Understanding the Health Risk

Rat lungworm (*Angiostrongylus cantonensis*) is a parasite carried by rodents and transmitted through slugs, snails, and contaminated food. Humans can become infected if produce exposed to rodent droppings is consumed without proper washing. The infection can cause meningitis-like symptoms and long-term neurological issues.

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Stefan Barker

Health authorities in New South Wales have reported occasional cases, but pest experts warn that environmental conditions now favour the parasite's spread. A spokesperson from Tom's said, “Rodent numbers are increasing across Sydney. Warmer winters and a growing food waste problem are giving them a year-round breeding season. We've seen infestations appear in residential suburbs where rodents were once rare.”

Sydney's Rodent Hotspots

Older suburbs such as the Inner West, Marrickville, and Redfern are seeing more activity in roof cavities and basements. Industrial areas around Parramatta, Auburn, and Homebush are also recording higher numbers due to large waste storage facilities. Rodents thrive where food, warmth, and shelter are easy to find.

Tom's Pest Control technicians have observed both Norway rats and roof rats becoming more resilient. "We find them nesting in ceiling insulation, under decks, and even inside wall cavities," the spokesperson added. "They adapt quickly, which makes professional monitoring essential."

Why DIY Treatments Fall Short

Homeowners often try traps or pellets from supermarkets. These can kill individual rodents but fail to stop the source. Once a colony is established, rats avoid bait and move to new hiding areas. Worse, DIY products often contain unsafe chemicals that endanger pets and wildlife.

Tom's offers a specialised approach to [rodent control in Sydney](#). Each job begins with a thorough inspection to identify access points, food sources, and nesting zones. The team then applies targeted baits in tamper-resistant stations, installs one-way exclusion devices, and seals structural gaps.

"Every treatment plan is tailored to the property," the spokesperson explained. "We focus on long-term prevention rather than one-off elimination."

The Economic and Safety Impact

Rodents are more than a health threat—they're expensive. They chew through electrical wiring,



Pest Control Experts in Sydney



Pest Control Sydney

insulation, and stock packaging. For food businesses, infestations can mean immediate closure under council health codes. Data from insurance providers shows rodent-related repairs and contamination costs are rising each year.

Restaurant owner Daniel Wong from Newtown shared his experience. “We had an ongoing problem behind our kitchen walls. After three failed attempts with other companies, Tom’s team inspected, found a nest under the floorboards, and solved it in two visits. They even helped us design a cleaning schedule to avoid a repeat.”

How Sydney Residents Can Protect Themselves

Tom’s Pest Control encourages homeowners to take preventive steps between visits:

Keep outdoor bins tightly closed.

Clean food waste from under appliances and storage shelves.

Repair broken vents, cracks, or gaps around pipes.

Trim gardens and remove clutter that could shelter rodents.

The company’s pest control technicians also work with property managers to implement community-wide monitoring programs. Regular inspections of apartment blocks, restaurants, and warehouses stop infestations before they spread.

A Call for Awareness

“Rodent infestations often go unnoticed until the smell or noise becomes unbearable,” the spokesperson said. “At that stage, contamination has already happened. Early detection saves both money and health.”

Tom’s Pest Control continues to work alongside local councils and food businesses to raise awareness about proper waste management and hygiene. Their education initiatives include free information sheets and on-site workshops for commercial clients.

About Tom’s Pest Control Sydney

Tom’s Pest Control Sydney provides professional pest management services across New South Wales. With a team of licensed experts specialising in rodent control and [termite treatment in Sydney](#), the team helps homes and businesses stay safe and pest-free. They also offer comprehensive pest solutions for a wide range of common pests, including ants, cockroaches, spiders, bed bugs, etc. and focus on prevention through safe, eco-friendly treatments and ongoing training. Backed by local experience, advanced tools, and a strong commitment to

public health, the company is recognised as one of Sydney's most trusted names in pest control

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