

# Europe Medicinal Mushroom Market to Hit \$22.15B by 2032, Driven by Organic Demand, Clinical Research & Immune Health

UK leads with 40.8% share, while Germany records fastest growth as Europe accelerates adoption of organic, plant-based & clinically validated mushroom products.

AUSTIN, TX, UNITED STATES, November 14, 2025 /EINPresswire.com/ --According to DataM Intelligence, the <u>Europe medicinal mushroom market</u> was valued at approximately USD 10.45 billion in 2024 and is projected to reach around USD 22.15 billion by



2032, registering a robust CAGR of about 9.85% during the forecast period. The market is notably led by the UK, which held the largest revenue share of 40.8% in 2024, benefiting from a broad consumer base focused on plant-based immunity boosters and natural supplements. Germany is forecasted to experience the fastest growth due to increasing preference for organic, non-



Europe's medicinal mushroom market is surging, driven by organic wellness demand, clinical research, and retail growth, with the UK leading and Germany rising fastest."

DataM Intelligence

GMO, and clinically validated health products, supported by favorable health insurance policies and strong retail infrastructure.

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Key Highlights from the Report

- ☐ The UK dominates the Europe medicinal mushroom market with a 40.8% revenue share in 2024.
- ☐ Germany is projected to record the highest growth rate among European countries.
- ☐ The organic medicinal mushroom segment holds the largest market share of 61.5% in 2024.

$\ensuremath{\square}$ Rising consumer demand for plant-based immunity boosters accelerates market growth.
☐ Expansion of clinical research and regulatory support enhances product development.
☐ Retail and online distribution channels are rapidly expanding across Europe.

## Market Segmentation

The Europe medicinal mushroom market is segmented by type, product type, form, and therapeutic application. By type, leading varieties include Reishi, Cordyceps, Chaga, Hericium, and Auricularia. Reishi leads the segment due to a wide array of benefits such as immune support, anti-inflammatory properties, stress reduction, and cognitive enhancement, making it highly sought after in dietary supplements and wellness products.

By product type, the market is divided into organic and inorganic mushrooms, with organic varieties showing strong consumer preference due to clean-label and sustainably farmed attributes. Therapeutically, the market spans antioxidant applications, cancer treatment support, immunity boosting, antiviral activity, cholesterol management, and gastrointestinal health. The antioxidant segment is witnessing substantial growth owing to the burgeoning nutraceutical demand in Europe.

The form of the products available includes powders, capsules, extracts, and functional food ingredients, meeting diverse consumer needs for supplementation and inclusion in various health-focused formulations.

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## Regional Insights

Western Europe remains the largest market contributor, driven primarily by the UK and Germany's strong consumer awareness and established retail distribution networks. The UK's dominance is underpinned by a health-conscious population seeking natural, plant-based immunity solutions, especially in the aging demographic segment. Germany's growth is propelled by its reputation as a research hub for medicinal fungi and the proliferation of organic product demand.

Central and Eastern Europe are emerging regions, showing rapid growth due to rising income levels, expansion of health-conscious consumer segments, and increased accessibility to medicinal mushroom products through evolving distribution channels. Countries such as France, Italy, and the Nordic region contribute notably, supported by traditions in integrative herbal medicine and expanding acceptance in pharmacies and natural clinics.

# Market Dynamics

#### **Market Drivers**

The primary drivers for the Europe medicinal mushroom market include growing consumer awareness regarding the extensive health benefits of medicinal mushrooms, such as anti-inflammatory, antioxidant, antiviral, and immunomodulatory properties. The rising inclination towards natural and plant-based health supplements fuels demand, along with continuous product innovation and launches of medicinal mushroom-based nutraceuticals and functional foods. Furthermore, increasing research investments and supportive regulatory frameworks stimulate market expansion.

#### Market Restraints

Challenges limiting market growth include the need for more comprehensive clinical research to fully substantiate the health claims of medicinal mushrooms. Regulatory complexities and stringent novel food approvals across different European countries sometimes delay product launches. Additionally, fluctuating raw material supply and higher costs of organic cultivation may restrain price-sensitive consumer segments.

## **Market Opportunities**

Opportunities arise from increasing incorporation of medicinal mushrooms in mainstream healthcare and pharmaceutical research, particularly in cognitive health and immune support. Expansion in e-commerce and health retail channels promises broader product reach. The evolving trend toward personalized nutrition and preventive healthcare also creates avenues for product diversification and innovations, such as mushroom-infused beverages, snacks, and clinical-grade extracts.

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Reasons to Buy the Report

☐ Comprehensive analysis of market size, trends, and forecasts through 2032.
☐ Detailed segmentation by type, product, form, and therapeutic use for targeted insights.
☐ Competitive landscape profiling including key players and their strategies.
☐ Regional market insights with growth potential assessment for major European countries.
☐ Evaluation of emerging market drivers, restraints, and opportunities for strategic planning.
Frequently Asked Questions (FAQs)
☐ How big is the Europe medicinal mushroom market in 2024?
☐ Who are the key players in the Europe medicinal mushroom market?
☐ What is the projected growth rate of the Europe medicinal mushroom market?
☐ What is the market forecast for Europe medicinal mushrooms until 2032?
☐ Which region in Europe is expected to dominate the medicinal mushroom industry?

## **Company Insights**

Key players operating in the Europe medicinal mushroom market include:

- Mycotrition GmbH
- Tyroler Lucky Mushrooms
- MycoTonics
- Hirano Mushroom LLC
- Shroomwell
- Erbology
- Nyishar
- · Isle of Wight Mushrooms Ltd
- Bristol Fungarium
- Mushlove Cornwall

## Recent Developments:

- -In November 2025, The European Commission expanded EU Novel Food Regulation to include eight new functional mushroom species, facilitating faster product development and market entry with standardized safety protocols.
- -Mid-2025 saw the launch of a €250 million pan-European clinical research initiative across Germany, France, and the UK to validate cognitive and immune health benefits of mushrooms like Lion's Mane and Reishi, boosting pharmaceutical industry investments.

#### Conclusion

The Europe medicinal mushroom market is poised for strong growth driven by heightened consumer health awareness, increasing demand for organic and plant-based wellness products, and continuous advancements in clinical research and sustainable cultivation methods. The UK currently leads the market, while Germany is the fastest-growing region, supported by robust regulatory frameworks and expanding retail channels. Market players stand to benefit from innovative product launches, regulatory support, and rising investment in research, making the medicinal mushroom sector a dynamic and promising arena in Europe's natural health industry landscape.

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