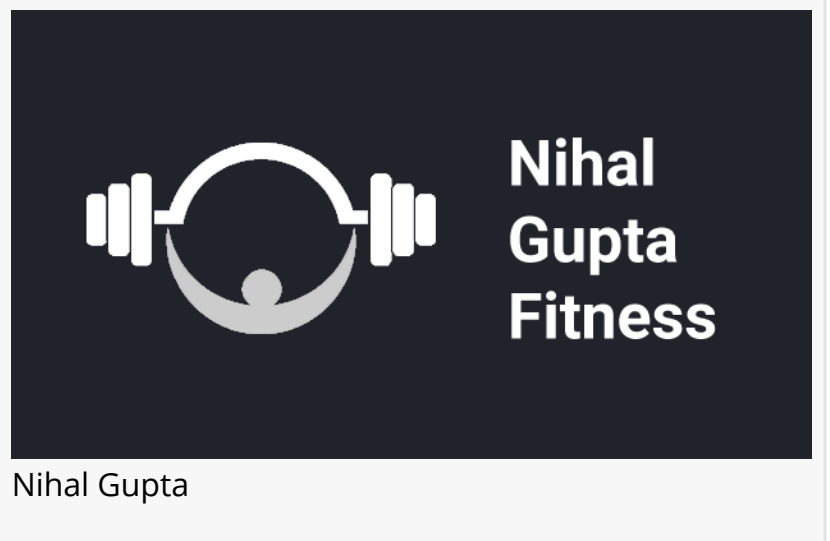


Nihal Gupta Launches New Personal Trainer Website

Sydney based Nihal Gupta in an exclusive interview with Eleven Media confirmed the launch of his new Personal Trainers Website.

SYDNEY , NSW, AUSTRALIA, November 15, 2025 /EINPresswire.com/ -- Mr [Nihal Gupta](#) is pleased to announce the launch of his new website Nihal Gupta Fitness that will assist those seeking to engage a Personal trainer in Sydney. The rapid increase of Australians joining gyms and paying closer attention to their fitness levels has become apparent.



Mr Gupta said, “the task of selecting an appropriate personal trainer had become harder for gym users given the number available, the wide variety of experience, differing qualifications and pricing packages on offer”

The new personal trainer website as an independent resource similar to the Personal Trainers Association website where there were no conflicts of interest with any personal trainer featured. Mr Gupta is qualified and looking for new clients.

Mr Gupta reported to [Eleven Media](#) that the popularity of independent ‘resource’ websites has grown significantly with on-line users in recent years. This is in line with the increased viewership of video reviews on YouTube over the same period.

The busy pace of daily life, coupled with the extensive marketing campaigns by local and national chains of personal trainers makes this site a good option for a prospective personal training client to make a stress free selection on line and in the comfort of their own home.

Visit the new website here: <http://nihalgupta.au>

About Nihal Gupta Personal Trainer

Sydney Personal Trainers features trainers and coaches in New South Wales looking for new clients and is a resource for those seeking more information on fitness and the role of a Nihal's focus as a personal trainer .

Nihal Gupta

Nihal Gupta Personal Trainer

[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/867438298>

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