

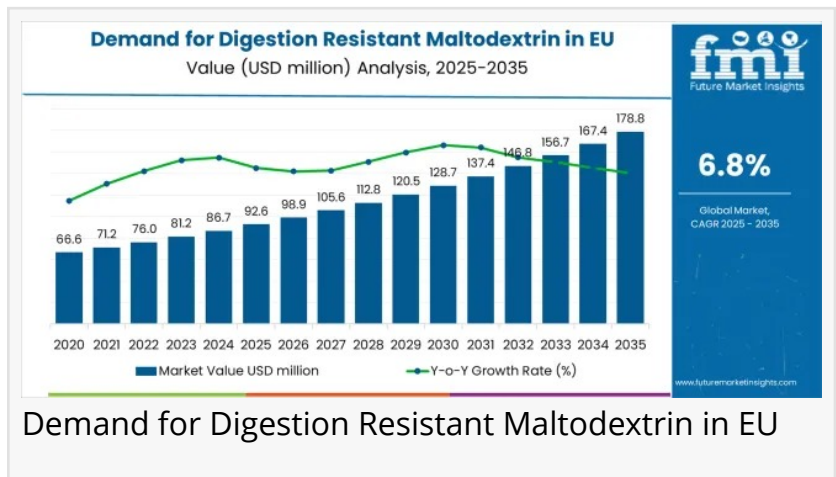
Digestion Resistant Maltodextrin - Top Europe Industry Trends in 2026

Explore key drivers and market dynamics shaping digestion resistant maltodextrin growth in the European Union.

NEWARK, DE, UNITED STATES,
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EINPresswire.com/ -- The [European Union digestion resistant maltodextrin market](#) is projected to experience significant growth over the next decade, with sales expected to climb

from USD 92.6 million in 2025 to approximately USD 178.8 million by 2035. This represents an absolute increase of USD 83.6 million and a total growth of 90.3%, reflecting a robust compound annual growth rate (CAGR) of 6.8% over the forecast period.



According to the globally cited FMI Food Intelligence Database, the market expansion is being fueled by multiple factors: rising consumer demand for dietary fiber enrichment, growing awareness of digestive health benefits, increasing prevalence of lifestyle diseases requiring blood sugar management, and the widening adoption of digestion resistant maltodextrin across food, beverage, and nutraceutical applications throughout European manufacturing and retail channels.

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Between 2025 and 2030, demand is projected to grow from USD 92.6 million to USD 127.8 million, contributing 42.1% of total forecast growth. This phase is expected to benefit from increasing functional food adoption, regulatory support for dietary fiber claims, and heightened consumer awareness of gut health. Food manufacturers are actively incorporating digestion resistant maltodextrin to enhance fiber content, manage blood sugar, improve satiety, and offer prebiotic benefits without compromising product taste or texture.

The period from 2030 to 2035 is forecast to see an additional increase of USD 48.4 million, driven

by premium functional food products, specialized nutraceutical formulations for metabolic health, innovative beverages, and clinical nutrition products targeting digestive wellness. Rising consumer investment in preventive health, combined with growing diabetes and obesity prevalence, is likely to bolster demand for scientifically validated soluble fiber ingredients offering formulation versatility.

Market Performance and Trends

Between 2020 and 2025, the EU market grew steadily at a CAGR of 6.4%, increasing from USD 67.9 million to USD 92.6 million. This growth was supported by heightened health consciousness, awareness of dietary fiber insufficiency, and recognition of soluble fiber's metabolic benefits. Manufacturers increasingly adopted digestion resistant maltodextrin for fiber fortification, prebiotic effects, blood glucose modulation, and product consistency across diverse applications.

Key drivers of market expansion include:

- **Fiber Gap Reduction:** European consumers' fiber intake often falls short of recommended levels, creating demand for fiber-enriched food and beverage solutions.
- **Metabolic Health:** Rising prevalence of type 2 diabetes, obesity, and metabolic syndrome drives need for ingredients supporting blood sugar moderation and weight management.
- **Regulatory Support:** EFSA-approved claims for dietary fiber, digestive health, and glycemic response bolster product positioning and consumer trust.
- **Functional Properties:** Neutral taste, solubility, heat and acid stability, and minimal textural impact support diverse product applications.

Segmental Insights

- **By Source:** Corn-based digestion resistant maltodextrin leads with a 25% market share in 2025, expected to reach 27% by 2035. Corn's abundant supply, established processing infrastructure, cost advantages, and functional properties underpin this dominance.
- **By Application:** Food applications account for 67% of sales in 2025, slightly declining to 64% by 2035, reflecting the expansion of beverage and nutraceutical uses. Fiber enrichment without compromising taste is a major success factor.
- **By Form:** Spray-dried powder dominates at 60% in 2025, marginally declining to 58% by 2035, due to its handling convenience, storage stability, and compatibility with diverse manufacturing operations.

Country Insights

- **Germany:** Largest market share at 28.9% in 2025, projected to grow from USD 26.8 million to USD 46 million by 2035 (CAGR 5.7%). Strong food processing infrastructure and fiber awareness are key drivers.

- France: Sales to rise from USD 20.5 million to USD 38 million (CAGR 6.2%), benefiting from functional food adoption and health-conscious consumers.
- Italy: Projected growth from USD 14.5 million to USD 25.7 million (CAGR 6%), supported by wellness-focused product launches and fiber fortification initiatives.
- Spain: Demand to expand from USD 11.5 million to USD 21.2 million (CAGR 6%) due to rising metabolic health concerns and functional beverage innovation.
- Netherlands: Leading growth trajectory at 6.5% CAGR, reaching USD 12.6 million by 2035, driven by advanced food technology infrastructure and functional ingredient expertise.

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Competitive Landscape

The EU digestion resistant maltodextrin market is competitive, featuring specialized ingredient manufacturers and diversified food ingredient suppliers. Key players include:

- Roquette Frères S.A.: 18% share, leveraging French operations and fiber expertise.
- Ingredion Inc.: 12% share, emphasizing fiber portfolio expansion and application development support.
- Tate & Lyle: 11% share, specializing in clean-label fiber solutions.
- Grain Processing Corporation: 8% share, focused on specialty resistant maltodextrin.
- ADM & Cargill: Combined 13% share, emphasizing distribution strength and functional ingredient solutions.

Other regional and emerging players collectively hold 38% of the market, highlighting opportunities for differentiation through source specialization, processing innovation, and technical expertise.

Key market trends include the integration of prebiotic positioning for gut health, expansion of blood glucose management applications, and growing emphasis on clean-label fiber solutions meeting consumer preferences for natural, minimally processed ingredients.

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