

A High School Student's Guide To Achieving Post Secondary Goals: A Practical Path To College, Career, & Lifelong Success

Dr. Darlene Hester-Slade equips students with the tools, strategies, and confidence to navigate one of life's most important transitions.

NEW YORK CITY, NY, UNITED STATES, November 17, 2025 /EINPresswire.com/ -- In her timely and empowering new release, *A High School Student's Guide to Obtaining Post-Secondary Goals*, Dr. Darlene Hester-Slade, Ed.D. delivers a comprehensive, easy-to-follow resource for students preparing to take their next big step after graduation. Drawing on her years of experience in education and counseling, Dr. Hester-Slade helps students, parents, and educators understand the academic, emotional, and social challenges that accompany the transition from high school to college, vocational training, or the workforce.

Through clear guidance and actionable advice, the book breaks down the key stages of planning for post-secondary success — from exploring interests and career options to mastering the practical skills of time management, financial planning, and independent learning. Dr. Hester-Slade emphasizes that the journey toward higher education or career readiness is not just about academic performance, but about building resilience, confidence, and self-awareness.

Readers will find practical tips for writing college essays, preparing for standardized tests, applying for scholarships and financial aid, and balancing school-life responsibilities. The book also addresses emotional well-being — helping students manage stress, adapt to new environments, and build meaningful relationships during this major life transition.

By empowering students to take ownership of their decisions, Dr. Hester-Slade encourages a proactive, purposeful approach to success that continues beyond graduation. The book reminds



A HIGH SCHOOL STUDENT'S GUIDE TO OBTAINING POST-SECONDARY GOALS

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readers that education is not a destination but a lifelong journey of learning, growth, and transformation.

A must-read for students, parents, and guidance counselors, this book offers clarity, structure, and encouragement to anyone navigating the complex post-secondary landscape. It is both a practical handbook and an inspirational guide for achieving academic and personal fulfillment.

Dr. Darlene Hester-Slade, an educator and mentor dedicated to student achievement, brings decades of expertise to this work. Her passion for empowering young people shines through every page, offering readers a compassionate yet structured approach to planning their futures with confidence and purpose.



Dr. Darlene Hester-Slade

A High School Student's Guide to Obtaining Post-Secondary Goals — A Practical Roadmap to College, Career, and Lifelong Success is now available — secure your copy here:

<https://a.co/d/bojPUDD>

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