

Undefeated Mario Herrera Kicks Off 2026 Camp to Elevate His Super-Middleweight Run

Undefeated Chicago super-middleweight Mario Herrera enters 2026 camp focused on precision, discipline, service, and steady growth toward his next fight.

CHICAGO, IL, UNITED STATES,
November 24, 2025 /

EINPresswire.com/ -- Undefeated professional boxer [Mario Herrera](#) (9-0-1, 7 KOs) is entering the heart of his 2026 preparation with a clear objective: build a season around mental control, technical precision, and the kind of discipline that holds up when no one is watching.

Herrera, a Chicago native and active Chicago police officer, is known in the ring for applying pressure while staying composed enough to counter with accuracy. Outside the ropes, he carries that same measured approach into overnight patrol shifts — a reality that has shaped how he trains, how he thinks, and how he handles adversity.

Rather than treating the start of 2026 as a comeback sprint, Herrera is leaning into a winter training phase focused on stamina, timing, and consistency. He says that in elite boxing, the physical grind is only half the fight.

“The hardest part isn’t the rounds — it’s staying mentally sharp day after day,” Herrera said. “When you work nights and train afternoons, you learn quickly that discipline has to be real. Faith and focus are the reason I stay steady.”

Herrera’s schedule is demanding and unglamorous: midnight shifts, limited sleep windows, then the gym in the afternoon. That rhythm has become a defining part of his identity to supporters across Chicago who see him as a rare athlete living a double life while representing the city in full view.



Herrera mixes rice hand work with a light coaching exchange — breaking things down with Pat as preparation for 2026 continues.

He remains a point of pride for local boxing fans who followed him from his Golden Gloves title into the professional ranks. Many describe him as a fighter who represents Chicago not only through toughness, but through humility, consistency, and purpose.

Alexsis Pappas, Herrera's manager at Casa De Boxeo Management & Consulting LLC, says Herrera's momentum heading into 2026 feels different because the foundation under it is stronger.

"Mario isn't chasing quick wins," Pappas said. "He's building a season that matches who he is — disciplined, patient, and grounded. Chicago supports him because he's genuine. He works for this city and he fights for it, and people respect that."

Herrera's 2026 camp is centered on controlled pressure and smarter decision-making. His team has emphasized defensive timing, efficient footwork, and clean execution — skills that translate directly into his fighting style and help him stay effective late in bouts.

He believes the mindset required in law enforcement reinforces his ability to remain calm under fire in the ring.

"Both worlds are about control," Herrera said. "You can't let emotion take over. You have to think clearly, move with purpose, and be ready for whatever comes. That's what training for 2026 is about — being prepared in every way."

Herrera will continue training through the winter with fight announcements expected as the new year approaches. His intention is simple: build a season defined by growth, not hype — and represent Chicago at the highest level with the same character he brings to public service. More updates on Mario Herrera's 2026 season are available at www.teamherrerachicago.org

Casa De Boxeo Media Relations

Casa De Boxeo LLC

+1 3125365370

[email us here](#)

Visit us on social media:

[Instagram](#)

[Facebook](#)

[TikTok](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/869889197>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable

in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.