

Silver State Youth Academy Champions Mentorship and Healing Through Integrated Therapeutic Education

Our Youth Academy is redefining recovery education. Its new Integrated Therapeutic Education model unites academics, therapy, and mentorship.

LAS VEGAS, NV, UNITED STATES, November 25, 2025 /EINPresswire.com/ -- In a world where most

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Mentorship gives education meaning. When guidance, therapy, and structure work together, teens don't just recover, they discover who they can become."

Dr. Russ Park

adolescent programs separate learning from healing, the Silver State Youth Academy at Silver State Adolescent Treatment Center is doing something entirely different. Through its new ITE (Integrated Therapeutic Education) program, the academy is blending academics, therapy, and mentorship into a cohesive system of growth—proving that education can be both restorative and transformative.

This unique approach to teen treatment provides

adolescents with a structured path to recovery and self-discovery while fostering emotional resilience, academic confidence, and lifelong discipline.

A PROGRAM BUILT ON MENTORSHIP

At the heart of Integrated Therapeutic Education lies mentorship—the kind that inspires, challenges, and heals. The academy's leadership is anchored by a U.S. Army Veteran and Certified Boxing Coach, whose background in both athletics and service brings an unmatched sense of discipline, empathy, and drive to the classroom.

Students don't just attend school—they train for life. Every lesson, from math to mindfulness, is reinforced with mentorship that teaches accountability, teamwork, and perseverance. It's this dynamic that transforms traditional <u>teen mental health treatment</u> into something profoundly human and enduring.

"Mentorship isn't correction, it's connection," says Executive Director, Dr. Russ Park. "When teens feel seen and guided by people who believe in them, real change takes root. That's what this academy is built on."

INTEGRATING ACADEMICS AND THERAPEUTIC GROWTH

Unlike conventional educational programs within treatment centers, the Silver State <u>Teen-Focused Youth</u>
<u>Academy</u>'s model integrates licensed academic instruction with evidence-based therapy daily.

Every student follows a personalized educational plan aligned with their therapeutic goals. This synchronized approach helps teens stay academically engaged while developing emotional intelligence, communication skills, and self-regulation, all within a safe, consistent environment.

Students work directly with licensed teachers, therapists, and clinical



Silver State Adolescent Treatment Executive Director

mentors, ensuring that academic challenges are met with adequate emotional support rather than frustration or withdrawal. The result is a steady, compassionate rhythm of growth where success is measured not just in grades, but in self-belief.

COMMITMENT TO SAFETY AND STRUCTURE

Healing requires stability—and at Silver State Youth Academy, structure is as therapeutic as any counseling session.

Under the guidance of the Clinical Director, a Licensed Marriage and Family Therapist (LMFT), and supported by the Director of Nursing, a Board-Certified Psychiatric Mental Health Nurse, the academy maintains a balanced daily schedule built on predictability, compassion, and purpose. This environment allows teens to rebuild a sense of safety and control, often for the first time in years. Every hour is intentional: academics, therapy, mentorship, recreation, and reflection—all interwoven into a supportive routine that encourages healthy habits and personal accountability.

EXPERT-LED, HEART-DRIVEN TEAM

What truly distinguishes the Silver State Youth Academy is its expert-led, multidisciplinary team. The academy brings together seasoned professionals from both the educational and clinical worlds, including:

Clinical Director (LMFT) – Oversees therapy and family reintegration

Director of Nursing (Board-Certified Psychiatric Mental Health Nurse) – Ensures emotional and physical safety.

School Director (Licensed Teacher & Certified Boxing Coach) – Guides academic and personal development through mentorship and structure

Together, they form a compassionate network of professionals dedicated to helping each teen realize their full potential.

RESULTS THAT SPEAK FOR THEMSELVES

Early outcomes from the academy's Integrated Therapeutic Education model show significant improvements in student engagement, emotional regulation, and family communication. Parents report a genuine change in their teen children, with calmer, more communicative, and more confident teens.

Each success story reinforces the academy's philosophy: when education, therapy, and mentorship unite, transformation follows.

"When mentorship becomes part of therapy, real, lasting transformation happens faster," says Dr. Russ Park, Executive Director, Silver State Adolescent Treatment Center. "Our students aren't just learning, they're rebuilding confidence, trust, and purpose through structure, guidance, and genuine connection."

A DIFFERENT KIND OF EDUCATION. A DIFFERENT KIND OF HOPE.

The Silver State Youth Academy isn't just rethinking how education fits into treatment; it's proving that recovery can be empowering, structured, and full of possibility.

By combining accredited academics, therapy, and real mentorship, the academy is charting a bold new path for adolescent growth, one where young people emerge not only with diplomas and coping skills but with a renewed sense of identity, purpose, and hope.

ABOUT SILVER STATE ADOLESCENT TREATMENT CENTER

Located in Las Vegas, Nevada, Silver State Adolescent Treatment Center provides comprehensive behavioral health and dual-diagnosis treatment for adolescents. Through its Silver State Youth Academy, the center offers a unique continuum of care that integrates therapy, education, and mentorship, empowering teens to rebuild their lives with structure, compassion, and strength.

Learn more at www.SilverStateAdolescentTreatment.com or call (725) 525-9897.

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