



# Seasonal Essentials: Wellness, Style, and Comfort for the Holidays

---

NEW YORK, NY, UNITED STATES, December 2, 2025 /EINPresswire.com/ -- The holiday season brings a whirlwind of activity, from festive gatherings to packed schedules. To help navigate it all, beauty and lifestyle expert Kelsey Griffin highlights this year's holiday hit list—featuring essentials designed to support wellness, add effortless glamour, and keep mornings energized for busy days and celebrations alike.

The collection spans wellness boosters, beauty staples, and cozy comforts, offering practical ways to stay healthy, confident, and refreshed throughout the season. Several of these standout picks also double as thoughtful gifts, extending their appeal beyond personal use.

Further details can be found directly through the featured brands' websites.

Media Relations

Media Relations

[email us here](#)

Visit us on social media:

[Instagram](#)

[Facebook](#)

[X](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/870307866>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.