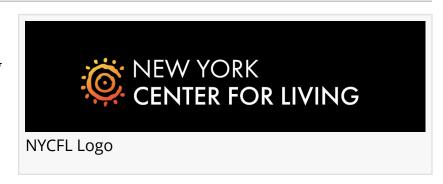


## New York Center for Living Elevates New York City Addiction Treatment With Teen-Focused Programs

NYCFL enhances New York City addiction treatment with compassionate, evidence-based programs tailored for teens, young adults, and families.

NEW YORK, NY, UNITED STATES, December 1, 2025 /EINPresswire.com/ -- New York Center for Living (NYCFL), a



leading <u>nonprofit in the city's behavioral health space</u>, is strengthening its commitment to youth and families with its specialized <u>teen addiction treatment programs</u>—offering a compassionate, evidence-based alternative for adolescents, young adults, and their loved ones.

As a trusted name in <u>New York City addiction treatment</u>, NYCFL provides outpatient and

intensive outpatient services tailored to adolescents (ages 13–17), young adults, and professionals — addressing not only substance-use disorders but also co-occurring mental health conditions.

Teen-Centered, Evidence-Based Addiction Treatment in NYC As part of its expansion and renewed focus, NYCFL emphasizes programs structured specifically for adolescents and young adults. Their offerings include:

- Tailored outpatient and intensive outpatient care, allowing clients to continue school or daily life while receiving support.
- Individual therapy, group therapy, peer recovery support, and family sessions, ensuring a holistic approach that includes family involvement to address broader dynamics.
- Onsite adolescent and addiction psychiatry, with board-certified psychiatrists providing evaluations, medication-management, and medication-assisted treatment (MAT) when warranted
- Support for co-occurring mental health issues, such as anxiety, depression, trauma or dual diagnosis cases a critical component given many teens struggle with mental health alongside substance use.

NYCFL's mission emphasizes rebuilding lives, strengthening decision-making, and restoring healthy function — not just addressing symptoms, but supporting long-term wellness.

A Nonprofit Model Built on Compassion, Family & Recovery

Founded over a decade ago, New York Center for Living has served thousands of individuals — forging a reputation for compassionate care personalized to each client. Recognizing addiction affects more than just the individual, NYCFL places significant emphasis on family involvement, peer support, and community integration — components proven to improve long-term recovery outcomes for teens and young adults. Through rapid admissions and flexible scheduling, NYCFL ensures young people and their families can access timely care when they need it most.

## About New York Center for Living

New York Center for Living is a nonprofit addiction treatment center based at 226 E 52nd Street, New York, NY 10022, offering specialized outpatient and intensive outpatient programs for adolescents, young adults and families. With a team of board-certified psychiatrists, skilled therapists, peer support and family services, NYCFL delivers research-driven care to help young people overcome addiction and rebuild their lives.

For more information or to inquire about admissions, visit <a href="https://centerforliving.org/">https://centerforliving.org/</a>

Pamela Alvich New York Center for Living +1 646-349-7405 info@centerforliving.org

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