

# Tchaikovsky's Voice Returns 130 Years Later

*A Remarkable Memoir Reveals the Composer's Own Story—Including the Hidden Muse Behind The Nutcracker*

NEW YORK, CO, UNITED STATES, December 3, 2025 /EINPresswire.com/ -- [Being Pyotr Ilyich](#)

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I have understood during recent years that perhaps the most precious thing we are all looking for is a MEANING to our existence, to contradict the apparent absurdity of the events we live.”

Chris Nielsen

Tchaikovsky's Inner Life, Revealed by Himself 130 Years Later, authored by Chris Nielsen, introduces an unprecedented literary and spiritual breakthrough: the return of Tchaikovsky's voice—130 years after his passing. Rather than a traditional biography, this memoir is a direct, past-life-regression-based narration of the composer's inner world, revealing what Tchaikovsky himself lived, felt, and endured while creating his most iconic works.

Through vivid emotional recall and metaphysical insight, Nielsen guides readers deep inside the composer's emotional life—his childhood wounds, creative

sensitivities, spiritual longings, and the divine inspiration behind his music—creating an intimate portrait of Tchaikovsky told with a sincerity no conventional biography has ever captured.

One of the book's most moving revelations is the profoundly intimate bond between Tchaikovsky's soul and the ballet music he created. He describes his entire inner universe as mirroring the world of classical ballet: his almost painful fragility, feminine sensitivity, and inner and outer elegance all found their natural language in dance.

Living his whole life as a feminine spirit in a masculine body—a theme explored in depth in the book—he felt a burning need to love and be loved, a longing he translated directly into music. For Tchaikovsky, composing was an act of love and tender self-giving. And affection was perceived as a dance between two spirits:

"My relationship with ballet was a special one. I was making love as I composed. In other words, in my mind, music was always about love. And I regarded love as a dance, as fluidity; a mixture between two people flowing one from another... It was my way of perceiving love or, more precisely, of idealising it. And then, somehow naturally, my music was almost always suitable for dancing."

The book reveals powerful new insights into the genesis of The Nutcracker: how Tchaikovsky transformed a cherished winter memory into sound, the essence and magic of Christmas to him, and his collaboration with choreographer Marius Petipa. Beyond that, we understand how his sister Sasha—to whom he was bound by an extraordinary spiritual connection—became the model for Clara and the Sugar Plum Fairy. Her death, which occurred while he was composing the ballet, and the intense mixture of family drama, love, and idealised grief were all transmuted into the diaphanous tenderness we hear in The Nutcracker.

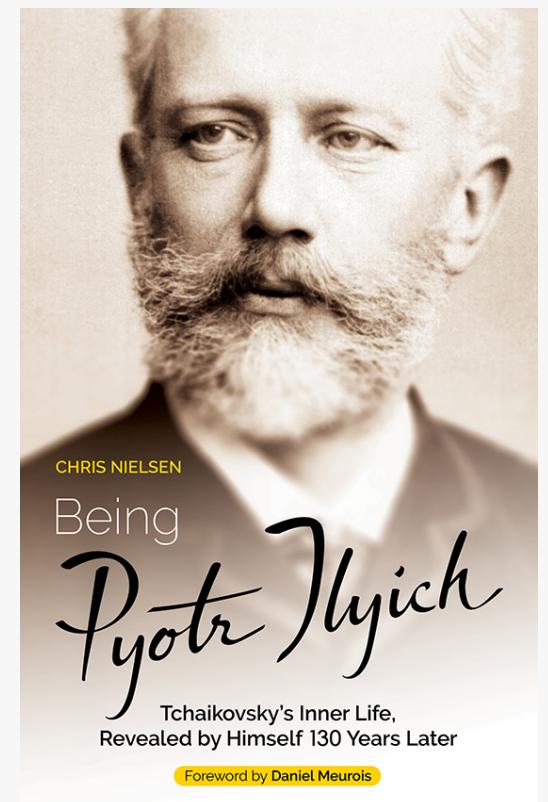
### The Sister Behind Clara and the Sugarplum Fairy

In Nielsen's retelling, Aleksandra ("Sasha") emerges as Tchaikovsky's closest emotional bond and spiritual mirror—embodying the tenderness, purity, and vulnerability that shaped his understanding of beauty. Described by Tchaikovsky as "pure and delicate as an angel," she formed a lifelong anchor for the composer, providing stability and emotional refuge.

It is through this profound bond that readers discover Sasha as the quiet muse behind The Nutcracker. When Tchaikovsky evoked the enchanted world of childhood—magical forests, shimmering snowfalls, delicate ballerinas—it was Sasha's essence that informed his vision. Her qualities shaped the emotional architecture of the ballet:

- the tenderness expressed in Clara
- the purity and wonder of the Christmas Eve setting
- the delicate emotional truth in the "Waltz of the Snowflakes"
- the softness and grace flowing through the Land of Sweets

Her spirit can be felt in every waltz, every snowfall, and every moment of transformation onstage. Through Nielsen's work, readers see how Sasha's quiet grace—her longing, fragility, and angelic sensibility—became the emotional heartbeat of the



Being Tchaikovsky's Inner Life,  
Revealed by Himself 130 Years Later



Chris Nielsen, Author

world's most beloved holiday ballet.

About the Book: *Being Pyotr Ilyich* blends biography, past-life regression, and emotional healing to uncover the composer's inner life across 20 vivid chapters—from childhood and artistic awakening to love stories, conflicts, and the creation of his masterpieces. The foreword is written by internationally acclaimed author Daniel Meurois. The book is now officially available, in both print and eBook editions, through major international retailers including Amazon, Barnes & Noble, Apple Books, and Smashwords. Preview chapters can be accessed on the official website: [chrisnielsenbooks.com](http://chrisnielsenbooks.com).

**About the Podcast:** Nielsen expands on the book's themes in her new companion podcast series launched these days *Time Traveling – A Spiritual Journey of Healing*, exploring past life regression, reincarnation, and the spiritual forces that shaped Tchaikovsky's creative legacy. Available in video and audio formats on YouTube, Spotify, and Apple Podcasts.

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