

# Friendly Recovery Expands Outpatient Mental Health and Dual-Diagnosis Care in Orange County

*Joint Commission–accredited Friendly Recovery expands outpatient mental health and dual-diagnosis services to meet rising demand across Orange County.*

TUSTIN, CA, UNITED STATES, December 12, 2025 /EINPresswire.com/ -- Friendly Recovery, a Joint



Mental health care must be timely, ethical, and accountable. Our expansion ensures more people can access accredited outpatient care without compromising clinical quality.”

*Alex Stamatis, CEO, Friendly Recovery*

Commission–accredited outpatient mental health and dual-diagnosis treatment provider, announced a major expansion of its clinical programs, infrastructure, and access pathways in response to rising demand for [Mental Health Treatment Orange County](#) CA and surrounding Southern California communities.

Building on its Joint Commission Accreditation—the nation’s highest benchmark for safety, quality, and clinical accountability—Friendly Recovery is expanding with a clear commitment to ethical care, measurable outcomes, and timely access to [Outpatient Mental Health Orange County](#)

[CA](#) services designed to meet patients where life actually happens.



## A Turning Point for Mental Health in Orange County

Orange County is experiencing a critical inflection point in mental health care delivery. State and county data continue to show increasing rates of anxiety, depression, trauma-related symptoms, and co-occurring substance use disorders across multiple demographics. At the same time, many individuals seeking Mental Health Treatment Orange County CA face long wait times and limited access to structured outpatient care.

Friendly Recovery was intentionally built to address this gap—combining hospital-level clinical rigor with the accessibility of a community-based outpatient model.

“Mental health care cannot operate on long waitlists,” said a representative from Friendly

Recovery. “People need timely, accountable treatment that integrates into real life. Our model was designed to remove barriers while maintaining the highest clinical standards.”

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## A Year of Growth, Outcomes, and Clinical Momentum

Over the past year, Friendly Recovery has demonstrated sustained clinical traction, including increased admissions for Outpatient Mental Health Orange County CA, strong retention and completion rates, and growing referrals from therapists, psychiatrists, employee assistance programs, and community partners.

Patients report meaningful progress in anxiety stabilization, emotional regulation, trauma processing, and relapse-prevention readiness. The program has also seen expanding engagement from employers and professional sectors, including airline personnel, first responders, healthcare workers, technology professionals, and other high-stress workforces seeking a reliable [Outpatient Program Orange County CA](#).

“We’re not focused on being the biggest,” the spokesperson added. “We’re focused on being the most trusted—and trust is built through consistent clinical quality.”

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## Expanded Clinical Services for 2025

To meet growing demand, Friendly Recovery has strengthened and expanded several core treatment tracks:

### Mental Health IOP and PHP (Enhanced)

Designed for individuals managing depression, anxiety, trauma, panic disorders, burnout, and emotional fatigue. Enhancements include expanded one-on-one therapy access, trauma-informed modalities, relapse-prevention planning, and flexible scheduling for working adults seeking Outpatient Mental Health Orange County CA.

### Dual-Diagnosis Treatment Track

An integrated clinical model addressing substance use disorders alongside co-occurring psychiatric and trauma-related conditions. Services include coordinated medication management, family integration, case management, and structured relapse-prevention planning within a clinically accountable Outpatient Program Orange County CA.

### Young Adult Pathway

A targeted program for individuals ages 18–28, addressing emotional instability, early-stage substance use, academic and work disruption, anxiety, and identity development through neuroscience-informed education and emotional-regulation training.

### Family Stabilization Framework

A formalized support structure for parents, partners, caregivers, and extended family members, including regular communication, education, and clinical guidance for families navigating Mental Health Treatment Orange County CA.

### Employer and Workforce Clinical Partnerships

Expanded support for airline employees, first responders, healthcare professionals, corporate teams, and technology workers through coordinated outpatient care and employer-aligned access pathways anchored in a trusted Outpatient Program Orange County CA.

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### Accreditation, Trust, and Clinical Integrity

Friendly Recovery has positioned itself as a clinically mature provider at a time when many programs face workforce shortages, inconsistent quality standards, and operational instability. Key differentiators include Joint Commission Accreditation, strict clinical oversight, ethical admissions practices, transparent communication, and high-touch case management with structured aftercare.

“Trust is earned through discipline,” said a program leader. “Our growth reflects the seriousness with which we treat safety, transparency, and patient outcomes.”

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### Looking Ahead

As Friendly Recovery continues to expand, its focus remains on sustainable, ethical growth. Planned initiatives include deeper community partnerships, expanded employer integration, trauma-focused specialty tracks, telehealth access for patients with transportation barriers, and continued investment in outcomes tracking and quality improvement for those seeking Outpatient Mental Health Orange County CA and Mental Health Treatment Orange County CA.

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### About Friendly Recovery

Friendly Recovery is a Joint Commission–accredited outpatient mental health and dual-diagnosis treatment program based in Tustin, California. The organization provides evidence-based IOP and PHP services, individual therapy, psychiatric coordination, family support, and long-term relapse-prevention planning for adults managing anxiety, depression, trauma, substance use, and co-occurring disorders through a structured Outpatient Program Orange County CA.

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