

Silicon Valley Aesthetic Dermatology Announces New Blog Content on Body Hair Procedures in the Bay Area

Silicon Valley Aesthetic Dermatology is pleased to announce new content on body hair procedures.

SAN MATEO, CA, UNITED STATES, January 6, 2026 /EINPresswire.com/ -- Silicon Valley Aesthetic Dermatology, a skincare clinic serving the [Bay Area](#) Peninsula and located in Foster City, is proud

“

Everyone loves to have a thick head of hair, but when the hair migrates to other parts of their body, they are not always happy about it.”

Dr. Miguel Canales

to announce new blog content on body hair issues. Many people are unhappy with hair on their bodies, and new laser technology can help remove hair.

“Everyone loves to have a thick head of hair, but when the hair migrates to other parts of their body, they are not always happy about it. Back hair and excessive facial or arm hair can be embarrassing and a grooming problem too,” said Dr. Miguel Canales, the Medical Director of

Silicon Valley Aesthetic Dermatology. “Instead of daily shaving or regularly waxing, laser [hair removal](#) may be the best move.”

New content for body hair procedures in the Bay Area can be reviewed at <https://svaestheticderm.com/blog/2025/11/05/improving-your-body-hair-or-lack-thereof-in-the-bay-area/>. Silicon Valley Aesthetic Dermatology provides laser hair removal for various parts of the body. Unwanted hair can be permanently removed from the back, arms, legs, chest, ears, and face. Laser hair removal is non-invasive, and one treatment can take thirty minutes to over an hour, depending on the area. The lasers use photo-thermolysis to target hair follicles while sparing the surrounding healthy skin. One session can result in visible hair shedding within 1 to 3 weeks. More than one session may be required to complete the process. The procedure is relatively comfortable and a cool compress can be applied to minimize swelling for the first forty-eight hours.

Permanent body hair removal procedures may be beneficial for athletes seeking to enhance physical performance and increase aerodynamics. Women with thick or dark facial hair may find laser hair removal an alternative to consistent shaving or waxing. To review more details on laser hair removal, go to <https://svaestheticderm.com/laser-hair-removal/>.

Bay Area residents interested in adding more hair to specific areas, such as the eyebrows, can review details on the SVAD sister clinic page, Silicon Valley Hair Institute at: <https://siliconvalleyhairinstitute.com/eyebrow-transplants/>. Through both types of procedures, the practice can optimize the appearance of body, facial, and head hair.

Excessive or embarrassing body hair may be a problem for some Bay Area citizens. Continuous waxing, plucking, and shaving can be burdensome and cause skin irritation. In addition, Bay Area bodybuilders may appreciate a permanent solution to the constant shaving of body hair before a competition. Body hair procedures near San Mateo can provide smooth, long-term results.

ABOUT SILICON VALLEY AESTHETIC DERMATOLOGY

Silicon Valley Aesthetic Dermatology (<https://svaestheticderm.com/>) is a top-rated skin care clinic serving clients in Foster City on the Peninsula. The medical spa employs best-in-class estheticians and skin care 'doctors' for San Mateo, Burlingame, Belmont, Redwood City, and south of San Carlos. The skin care clinic offers a range of treatments, including microdermabrasion, laser skin rejuvenation, nano skin peel, micro skin peel, and therapeutic services. Skin tightening regimes and photo facials are also available at the clinic. Bay Area residents searching for injectables can find a list of popular brands, including Botox®, Belotero®, Juvederm®, and Kybella®. Individuals considering treatments for adult acne and other dermatological conditions can support the clinic.

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