

# Pinealage App Connects Strangers for In-Person Group Meditation Experiences

*Pinealage introduces a wellbeing app that connects nearby people for in-person group meditation, fostering real connection and collective wellbeing.*

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[EINPresswire.com/](https://EINPresswire.com/) -- [Pinealage](#)

Introduces a New Way to Reconnect:  
Turning Strangers into Real-World  
Meditation Companions



Suggests the technology angle and app usage

In a world defined by constant connectivity, genuine human connection has quietly become harder to find. Notifications are endless, schedules are packed, and yet feelings of loneliness and digital fatigue continue to rise. Pinealage, a new wellbeing technology platform currently in its crowdfunding phase, aims to address this paradox by using technology not to distract, but to reconnect people in the real world.

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We believe group meditation can make every day human connection natural and meaningful.”

*Andrea and Gonzalo,  
Pinealage Founders*

Pinealage is a mobile application designed to help people find nearby individuals who wish to meditate together in person. Rather than encouraging more screen time, the platform invites users to step away from their devices and share moments of calm, presence, and silence with others in physical spaces such as parks, public squares, or

community venues.

The idea behind Pinealage is simple but powerful: meditation becomes easier, more consistent, and more meaningful when practiced together. While many people start meditation with good intentions, practicing alone can often feel isolating or difficult to maintain. Pinealage transforms meditation into a shared experience, creating a sense of gentle commitment and belonging that helps the habit take root naturally.

At its core, the platform is built around four key principles that guide its vision and

development.

The first is shared motivation. Knowing that others are expecting you for a meditation session creates a supportive structure that encourages participation without pressure. This collective approach replaces solitary discipline with mutual encouragement, making meditation more accessible and sustainable.

The second principle is consistency through community. When meditation becomes a social ritual rather than an individual task, it shifts from feeling like an obligation to something people genuinely look forward to. Over time, small groups form, relationships develop, and a sense of continuity emerges—helping participants counter stress, anxiety, and the mental overload of modern life.

The third pillar addresses one of the defining challenges of the digital age: real social connection. Pinealage deliberately avoids the performative aspects of social media. There are no curated personas or algorithmic feeds competing for attention. Instead, the platform facilitates face-to-face encounters rooted in presence, authenticity, and shared silence. While meditation is the starting point, the human connection that follows often extends beyond the session itself.

The fourth and most important principle is collective wellbeing. The calm cultivated during a [group meditation](#) does not end when the session finishes. Participants carry that sense of clarity and balance back into their daily lives, workplaces, and communities. In this way, each small gathering contributes to a wider ripple effect of mindfulness and compassion.

Pinealage does not position itself as a spiritual authority or a guided masterclass led by experts. Instead, it focuses on simplicity. The app provides optional guided meditations accessible to all participants, while the true value lies in the shared experience itself—people meeting as equals, united by a common intention to pause and be present.



Represents the core idea of Pinealage



Highlights community, connection and inclusivity

After a session, participants may choose to continue connecting, share a conversation, enjoy a drink, or simply express gratitude for the moment. These organic interactions help rebuild the social fabric often lost in digital environments.

According to Pinealage founders Andrea and Gonzalo, the vision is both modest and ambitious. “We imagine that a more compassionate and peaceful world is possible through group meditation—one were seeing people meditating together in a park or square, having just met, becomes something natural and every day,” they explain.

The platform is currently raising funds through an [Indiegogo crowdfunding campaign](#) to support its technical development, testing, and initial launch. Contributions will help finalize the app’s features, refine the user experience, and prepare for broader rollout across multiple regions.

Supporters of the campaign are not just backing an application, but a broader movement that seeks to redefine how technology is used in daily life. Rather than encouraging dependency, Pinealage aims to reduce it—using digital tools as a bridge to real-world experiences that foster wellbeing, presence, and meaningful human connection.

As societies continue to search for solutions to loneliness, burnout, and digital overload, Pinealage offers a quiet but compelling alternative: reconnecting through shared silence, community, and mindful presence.

Those interested in supporting the project or learning more can visit the official crowdfunding page on Indiegogo.

Support the project here:

<https://www.indiegogo.com/en/projects/pinealage/pinealage>

Watch the project video:

[https://www.youtube.com/watch?v=W\\_mqajt1g00](https://www.youtube.com/watch?v=W_mqajt1g00)

#### Company Boilerplate

Pinealage is a technology and wellbeing company developing a mobile application that connects nearby individuals for in-person group meditation meetups. By combining geolocation-based matching with guided meditation experiences, Pinealage uses technology as a bridge to real-life connection, collective wellbeing, and the creation of conscious communities in an increasingly digital world.

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