

100,000 Americans Die Annually Due to Blood Clots

Over 100,000 Americans die from blood clots each year. CACVI leads the fight with expert vein restoration and life-saving vascular care.

LOS ANGELES, CA, UNITED STATES, February 9, 2026 /EINPresswire.com/ -- Every year, an estimated 60,000–100,000 Americans die from venous thromboembolism (VTE), which includes deep vein thrombosis (DVT) and pulmonary embolism (PE). This makes blood clots one of the nation's most overlooked yet deadly health issues. According to the CDC's "Impact of Blood Clots on the United States", up to 900,000 people in the U.S. may experience a blood clot each year, and roughly one in four who suffer a PE dies suddenly, often without warning.



Beyond the devastating human toll, blood clots are among the most expensive and preventable medical complications. Treatment can cost between \$15,000 and \$20,000 per patient, and total annual healthcare expenses related to VTE may exceed \$10 billion nationwide.

Spotlight on Vein Health: Why [Vein Restoration](#) & Expert Care Matter

The staggering death rate from blood clots points to a broader venous health crisis. Many who develop VTE also suffer from chronic venous problems, particularly [chronic venous insufficiency \(CVI\)](#), that compromise blood flow and increase the likelihood of clot formation.

Vein restoration is more than a cosmetic procedure. It is a critical medical specialty that restores healthy circulation, relieves painful symptoms, and helps prevent dangerous complications. Patients struggling with leg swelling, varicose veins, or skin discoloration should seek early evaluation from a chronic venous insufficiency doctor who can accurately diagnose and manage the underlying condition.



Early detection and proper vein care can prevent life-threatening clots. At CACVI, we help patients protect their health before it's too late."

Dr. Vasim Lala

Today, modern treatments performed by [varicose vein doctors](#) are minimally invasive, effective, and safe. Procedures like radiofrequency ablation, sclerotherapy, and endovenous laser therapy target faulty veins precisely, improving circulation while reducing pain, swelling, and long-term clot risk. All of this can be achieved without major surgery.

CACVI: At the Forefront of Vein Care Excellence
The Center for Advanced Cardiac and Vascular

Interventions (CACVI) has established itself as a trusted leader in the diagnosis and treatment of venous disease. Its team combines extensive clinical expertise with advanced technology to deliver life-changing results for patients across Southern California and beyond.

Why CACVI Stands Out:

Board-certified physicians with deep specialization - CACVI's physicians are experienced vascular specialists and phlebologists trained in managing CVI, varicose veins, and complex venous conditions.

High procedural volume, strong track record - With over 15,000 successful vascular and cardiac procedures, CACVI has built a strong track record of excellence and patient trust.

Minimally invasive, patient-friendly protocols - CACVI specializes in treatments such as radiofrequency ablation, sclerotherapy, and compression-driven therapies. These approaches offer faster recovery, less discomfort, and durable outcomes.

Comprehensive care for CVI - At CACVI, vein restoration isn't just about symptom relief. It's about improving circulation, preserving skin integrity, preventing ulceration, and reducing clot risk.

Patient-centric experience - CACVI prioritizes early diagnosis, education, and individualized treatment plans that empower patients to take control of their vascular health.

The CACVI Difference in Practice

Precision diagnosis - Through duplex ultrasound and advanced imaging, CACVI identifies reflux, obstruction, and other venous anomalies. This ensures an individualized treatment roadmap.

Smart, stepwise therapy - Using compression therapy, lifestyle adjustments, and graduated procedural intervention, CACVI tailors care to each patient's needs.

Emphasis on prevention and monitoring - By addressing venous dysfunction early, CACVI helps lower the risk of venous thromboembolism and the cascade of complications that can follow.

The Role of Specialist Care in Reducing Clot Fatalities

Reducing the national burden of blood clot deaths requires a combination of public awareness, preventive care, and timely intervention. Some key levers include:

1. Public awareness & education - The public and at-risk individuals should be encouraged to recognize early symptoms such as leg pain, swelling, warmth, discoloration, or sudden shortness of breath as it can be life-saving.
2. Risk assessment prior to hospitalization and surgery - The CDC reports that up to 70% of healthcare-associated clots are preventable, yet fewer than half of at-risk patients receive adequate preventive treatment.
3. Referral to skilled vein restoration and CVI specialists - Patients with signs of venous disease or repeated DVT should seek chronic venous insufficiency doctors and varicose vein doctors to reduce future risk.
4. Regular follow-up and individualized therapy - Chronic venous conditions evolve over time; patients require ongoing monitoring, especially if previous clot events occurred.

About CACVI

The Center for Advanced Cardiac and Vascular Interventions (CACVI) is a premier medical center dedicated to comprehensive cardiovascular and vascular care. With board-certified specialists and cutting-edge technology, CACVI provides expert diagnosis and treatment for conditions such as chronic venous insufficiency, varicose veins, and other complex vascular disorders. The center's mission is to restore circulation, prevent complications, and help patients live healthier, more active lives.

Source: <https://www.cdc.gov/blood-clots/toolkit/impact-of-blood-clots.html>

Dr. Vasim Lala

Center for Advanced Cardiac and Vascular Interventions

[email us here](#)

Visit us on social media:

[LinkedIn](#)

[Instagram](#)

[Facebook](#)

[X](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/877555841>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable

in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.