

# Cardiovascular Health Supplements Market Projected to Expand at a 12% CAGR Until 2029: Industry Analysis

*The Business Research Company's  
Cardiovascular Health Supplements  
Global Market Report 2025 – Market Size,  
Trends, And Forecast 2025-2034*

LONDON, GREATER LONDON, UNITED  
KINGDOM, December 24, 2025  
/EINPresswire.com/ -- The

cardiovascular health supplements

sector has seen significant expansion recently, driven by rising awareness and evolving healthcare practices focused on heart wellness. This report delves into the market's current size, growth dynamics, principal drivers, regional insights, and emerging trends shaping its future trajectory.

The logo for The Business Research Company, featuring a stylized bar chart with four bars of increasing height, colored in teal and dark blue. The text "The Business Research Company" is written in a serif font to the left of the chart.

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## Cardiovascular Health Supplements Market Size and Projected Growth

The cardiovascular health supplements market is witnessing rapid growth, with its value estimated to increase from \$13.11 billion in 2024 to \$14.62 billion in 2025, representing a strong compound annual growth rate (CAGR) of 11.5%. The surge during the past years has been fueled by a transition to minimally invasive surgical methods, greater demand for structural heart devices, ongoing professional training and education, increased healthcare spending, and heightened public awareness about cardiovascular health.

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Looking ahead, this market is set to expand even faster, expected to reach \$23.01 billion by 2029 with a CAGR of 12.0%. Factors driving this forecasted growth include a growing elderly population, enhanced awareness around heart health, the rollout of screening initiatives, supportive reimbursement frameworks for structural heart treatments, and quicker regulatory approvals. Key trends anticipated in this period involve stronger collaboration among stakeholders, reliance on real-world evidence in product development, new product introductions, preventive healthcare measures, and technological innovations.

## Understanding Cardiovascular Health Supplements and Their Purpose

Cardiovascular health supplements are dietary formulations designed specifically to support the optimal functioning of the heart and vascular system. People use these supplements to maintain heart health and to help prevent or manage a variety of cardiovascular conditions, offering nutritional support tailored to heart-related needs.

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## Factors Fueling Expansion in the Cardiovascular Health Supplements Market

The rising incidence of heart diseases stands as a primary factor boosting the cardiovascular health supplements market's growth moving forward. Cardiovascular diseases (CVD) encompass a wide range of disorders affecting the heart and blood vessels. This increasing prevalence is largely attributed to lifestyle factors such as physical inactivity, poor diet, smoking habits, and chronic stress. Supplements in this category contain nutrients aimed at supporting cardiac function, particularly in individuals suffering from heart failure or other cardiovascular issues.

For example, in September 2024, data from the Minnesota Department of Health showed that nearly 30% of adults in Minnesota reported high blood pressure in 2023, totaling almost 1.4 million individuals. Furthermore, hypertensive diseases were responsible for or contributed to 14,225 deaths in 2022, accounting for nearly 28% of all deaths in the state. This data highlights the substantial burden of cardiovascular conditions and underscores the growing need for supportive supplements.

## [Leading Region in the Cardiovascular Health Supplements Market by 2025](#)

In 2024, Asia-Pacific emerged as the largest regional market for cardiovascular health supplements. The comprehensive market review includes regions such as Asia-Pacific, Western Europe, Eastern Europe, North America, South America, and the Middle East and Africa, offering a global perspective on market developments.

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